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NHNSA Nursing Homes of Nova Scotia Association

NHNSA is pleased to announce the release of its first membership directory which features nursing homes across Nova Scotia, from Yarmouth to the Cape Breton Highlands and everywhere in between. This was an opportunity for members to tell their stories in a professionally designed format, presenting home overviews and contact information as well as philosophies of care and to share some special moments and photos which give meaningful insight into living and working in long term care. Thank you to all of our members and corporate partners who came together for the launch of this inaugural directory. We look forward to building on this edition and to continuing to shine a spotlight on this invaluable sector.

NHNSA MEMBERS

Alderwood	4	37	North Queens Nursing Home
Bay Side Home	5		Northside Community Guest Home
Cove Guest Home	6	38	Oakwood Terrace
Dykeland Lodge	7	39	Ocean View
East Cumberland Lodge	8	41	Queen's Manor
Evergreen Home	9	42	Rosecrest Communities
Foyer Père Fiset	11	44	Rosedale Home for Special Care
GEM Health Care	12		Roseway Manor
Glen Haven Manor	14	45	Seaview Manor
Grand View Manor	15	46	Shannex
Haliburton Place	16	48	St. Anne Centre
Harbour View	17	49	Saint Vincent's Nursing Home
Harbour View Haven	18	50	Taigh Na Mara
Harbourview Lodge	19	51	Taigh Solas
Highcrest	20	52	The Birches
Highland Manor	23	53	The Meadows
Hillside Pines	24	54	Tideview Terrace
Inverary Manor	25	55	Valley View Villa
MacGillivray Guest Home	27	56	Villa Acadienne
Maritime Oddfellows	28	57	Villa Saint-Joseph Du Lac
Maple Hill Manor	29	59	Waterford Heights
Mountain Lee Lodge	30	61	Willow Lodge
Musquodoboit Valley Home	31	62	Windsor Elms
Nakile Home for Special Care	35		

DIRECTORY SPONSORS

Lawtons Drugs	2	36	SGP
Plan A Nova Scotia	10	40	Edgecombes
First Onsite	10	40	Cardinal Health
Surge Learning	22	58	Think Breakthrough
Essity	22	60	Bird Construction
Crestview Strategy	26	63	Chandler
CSBT	26	64	Complete Purchasing
Dallas Mercer Consulting	34		



ALDERWOOD | Baddeck

ABOUT US

Alderwood is a beautiful home located in Baddeck, NS. Alderwood has been in operation for over 50 years and we moved to our new facility about 12 years ago. Alderwood is home to 70 residents; 59 living in our nursing home and 11 in residential care. With large windows overlooking the Bras d'Or Lakes, outdoor courtyards, and private rooms with private bathrooms, Alderwood is a comfortable, welcoming place to live, and for families and friends to visit their loved ones.

OUR PHILOSOPHY OF CARE

All employees of Alderwood actively work as a team to address the three plagues of nursing home life for Residents – Helplessness, Loneliness and Boredom. By encouraging opportunities for Residents to give as well as receive care, by cultivating companionship with Residents and by fostering an environment which encourages variety and spontaneity. Residents are treated with Respect, Privacy and Dignity, and Alderwood endeavors to support our Residents in maintaining relationships with family, friends, and our community.

WE'RE SO PROUD OF...

Alderwood has very robust recreation programming that aims to address the needs of all residents, and the varying levels of ability, and interests in our Resident population. We continue to build strong relationships with community members to ensure that Alderwood and our residents continue to be connected to our Village and surrounding communities, in a meaningful way.

The Alderwood Working Council has supported our facility for many years and helps us to provide a variety of benefits for our residents. Every year the Working Council provides Alderwood valuable support to ensure we can best support our residents. This year, we were able to add Smart TVs to our Home Areas, purchase a large number of dementia-support items, a new projector for Resident Movie days, as well as giving a Christmas gift to every resident on Christmas morning! We are so fortunate to have the support of this group, and our special volunteers that help us throughout the year as well.

MEET SOMEONE SPECIAL

We feel more proud than ever of our staff, and the love that they give to our residents. Through the Pandemic, our staff continued to care for our Residents when family access was restricted, love and laugh with our residents as the outside world was flipped upside-down, and come to work when others were kept at home. Our staff create bonds with our residents and their families that we are very proud of. They welcome new residents with warmth, and make us proud everyday of the care our Residents receive. We hear all the time from our residents, and their families and friends how fortunate they are to live at Alderwood – we never tire of hearing that!

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BAY SIDE HOME | Barrington

ABOUT US

Bay Side Home is an inviting home overlooking the beautiful Barrington Bay. We are home to 62 residents and employ 160 care providers. Bay Side Home is governed by a volunteer Board of Directors, with representation from the municipality and includes three neighborhoods, each containing their own kitchen, living room, and out-door courtyard. We have a large common room where we hold recreation events, a rehabilitation room, hair salon, green house and raised garden beds for accessible gardening as well as an out-door walkway surrounding our home. Our 16-passenger bus allow our residents to attend community events, shop and go for afternoon drives.

OUR PHILOSOPHY OF CARE

Bay Side Home is guided by the Eden philosophy of care, providing an environment of exceptional long-term care, where residents enjoy a quality of life that enables them to reach their full potential. This philosophy meets the needs of the whole person-physical, emotional, spiritual, intellectual, and social. Bay Side Home treats all who live and work at Bay Side Home with dignity and respect.

WE'RE SO PROUD OF...

Our New Horizons greenhouse enabled us to create a garden club where the residents meet to discuss what they want to grow but even more importantly it creates a great sense of purpose and adds meaning to their lives. They create hanging baskets and sell them to community and there is great enjoyment from eating fresh vegetables and the delicious hodge podge, chow and pickles from our fall harvest.

MEET SOMEONE SPECIAL

We are so fortunate to live in a community that always goes above and beyond. Community members donate gently used or new items, for the residents to purchase to our "Santa Shop" at a very low cost and all proceeds raised go to our Resident Council Fund. Our community donates an abundance of items, so many that our residents were able to purchase Christmas gifts for everyone in their family!

We recently had a resident move in with us who was very reluctant to move to LTC because she felt that moving here was the end of her life. During an interdisciplinary meeting her daughter expressed how pleased she and her mother are and how much she is thriving. They wish they had made the decision to move into Bay Side Home sooner!



~ Care At Its Best ~



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COVE GUEST HOME | Sydney

ABOUT US

The Cove Guest Home, known as the “Cove”, is a Primer Accredited facility located in Sydney on beautiful Cape Breton Island. Our roots are deeply embedded in Care, Compassion and Community. The Cove is home for 110 Residents and employs over 175 staff.

OUR PHILOSOPHY OF CARE

Our philosophy of care is deeply rooted in our Mission statement; “The Board and the staff of the Cove are committed to providing a Home for our residents which offers excellence in health care, comfort, caring supervision and love. These elements are tied together with a belief that each resident is a special person worthy of our respect, courtesy and the primary purpose of our being here.”

WE’RE SO PROUD OF...

We are so proud of our dedicated staff who care for our residents like they are their own mothers and fathers. We pride ourselves on home cooking which helps to bring back fond memories of our resident’s own cooking and comfort cuisine. We are proud of our two memory gardens which are so meaningful for residents to plant, and watch grow. The Cove has provided care and companionship for 75 years, and continues to embrace our cultural differences, diversity, and inclusion for all those who live, work and visit our home.

SPECIAL MOMENTS

Community has always been an important aspect of the Cove through the development of partnerships. Recently we partnered with YMCA in Sydney to open a childcare center for staff working in long term care in our local area. This initiative will not only provide safe, accessible childcare for staff, but it will also provide the opportunity to develop a multi-generational program linking children together with seniors. The Cove has also recently invested in our support staff who had the desire to become a CCA; together we made this a reality for six support staff workers who now work as CCAs in our home. Research is an important aspect of our Strategic Plan. The Cove is thrilled to have partnered with both Mount Saint Vincent University and Nova Scotia Health on research involving aspects of senior care. Reducing transfers to ERs is an important aspect of senior care. Recently, the Cove has partnered with EHS to roll out the Community Paramedic Program which will further support the healthcare needs of our residents.



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DYKELAND LODGE | Windsor

ABOUT US

Nestled in the town of Windsor NS, Dykeland Lodge has a staff of 225 employees, 40 volunteers and 111 residents. Dykeland Lodge has a robust and creative recreation program which engages all residents spiritual, social, emotional, intellectual and physical needs on a daily basis.

OUR PHILOSOPHY OF CARE

Our philosophy of care is Enriching Lives. This philosophy is achieved through experienced and skilled health care workers. We focus on providing and meeting the needs of every individual through innovative activity programs, menu design and exceptional rehabilitation services. Here at Dykeland Lodge we are concerned with building healthy minds, healthy bodies and healthy employees.

WE’RE SO PROUD OF...

Dykeland Lodge supports the journey of learning and developing our employees and takes this investment very seriously. Dykeland Lodge has long supported the CCA program and has partnered with educational facilities to offer the program at Dykeland Lodge. Through this program, 100 graduates have gained meaningful work at Dykeland lodge. We support the clinical placements for LPNs, Rns, recreation therapy, OT/PT and various others. The goal is not only to secure a recruitment path but to also showcase LTC as a rewarding career path. Dykeland Lodge is thrilled to be building a new 144 bed LTC facilities 2km from our original site. The new building site will be situated to showcase beautiful valley views. Dykeland Lodge has a society that was born from a deep devotion of giving back to the residents, families and staff of Dykeland Lodge. During the past 29 years, this society has made it possible for our team to provide so many well deserved programs, services and equipment for our residents to enjoy. Dykeland Lodge is incredibly proud of our engaged not engaging Board of Directors and add their unwavering support not unweaving.

SPECIAL MOMENTS

Dykeland Lodge is devoted to engaging its residents and families. During the early days of the pandemic we watched as families grieved to spend time with their loved ones. The recreation team partnered with Build a Bear Workshop to create a special gift for every family member. Our recreation team began the enormous task of having each resident record a personalized message for family. The voice box was then placed inside a stuffed Teddy Bear. As family members came to visit each resident had the opportunity to give their family a little toy bear hug they could take with them. The day these were presented, there wasn’t a dry eye in the building. When the bears paws were pressed, the resident could hear the treasured voice of their loved one.



DYKELAND LODGE
ENRICHING LIVES



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EAST CUMBERLAND LODGE | Pugwash

ABOUT US

East Cumberland Lodge is a 73-bed nursing home in Pugwash, Nova Scotia. We are a publicly owned, non-profit facility with a volunteer Board. We offer professional nursing, medical, allied care and hair styling services in our on-site salon. Our modern lobby provides a cozy space including a fireplace. We have two comfortably appointed garden areas with wheelchair accessible flower beds. Recreation spaces include a dedicated activity room and main dining area. We offer daily activities and programs. We have two resident cats and offer scheduled pet therapy too.

OUR PHILOSOPHY OF CARE

Our mission is to serve the needs of seniors requiring professional care. Our vision is to be the next best thing to home. We acknowledge that each resident has the right to individual identity, dignity, and self esteem.

WE'RE SO PROUD OF...

Our newest whirlpool tub has therapeutic lights and music, providing a relaxing spa experience. Our Nordic Wellness Chair gently rocks clients adding music and gentle massage. We have a specialized Huntington's bed that enhances comfort and safety. We are the first in Canada to have this innovative Australian bed.

SPECIAL MOMENTS

This is a success story about a gentleman, admitted with an illness that left him socially isolated. Our care helped him heal and recover more than anyone expected. His joy of life returned; with smiles and engagement he transitioned to a power wheelchair. Initially he formed more friendships in the facility, then began making daily forays into the village, shopping and visiting his sibling. He enjoyed fishing so we accommodated and fishing he went. Many lost things were regained. His life improved tremendously and we are honored to have been a part of his story.

Each December our "Sparkle of Lite" fundraiser helps fund enhancements to the quality of life for our residents. Due to the pandemic, we did a virtual event these past two years. A professional videographer did a magnificent job creating a virtual experience with stunning drone footage of our brilliantly lit home.

Due to residents limited ability to get out recently, we had a Santa Claus Parade these past two Decembers. Teams entered floats and we paraded through the corridors spreading cheer, with dogs and even a miniature horse joining the fun. Esteemed residents judged the parade creating lively competition for best float. Links can be found on our Facebook and YouTube pages. Additionally, special dance videos were created by a former ECL nurse, also to be found on our social media.



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EVERGREEN | Kentville

ABOUT US

Evergreen Home for Special Care, since 1969, has been a privately owned continuous care provider, licenced by the Nova Scotia Department of Seniors and Long-Term Care serving clients regardless of age, sex, race, creed, and social status. The facility, which is licensed to provide 24-hour nursing coverage, is comprised of a Childrens' Centre for 19 children plus two respite beds and a Seniors' Centre consisting of 98 residents. All residents receive multi-disciplinary care based on a holistic resident centred approach to ensure physical, mental and spiritual well being while recognizing the right to individuality, respect and dignity.

Our Mission -To provide a safe, healthy, stimulating, socially rich and comfortable living environment through supportive care and services to members of our community.

Our Vision - A full and meaningful life for residents that is supported by comprehensive, well-managed, high-quality care and services in a safe environment; and that provides a model to others. A mutually supportive community that includes residents, staff, family, volunteers, visiting professionals, local community members and students.

OUR PHILOSOPHY OF CARE

Evergreen has an active Quality Work Like Council which enhances the lives of the staff and residents, providing for exciting events through the year including an Apple Blossom Festival at Evergreen, staff recognition events, and multicultural events, and seasonal treats. We have a strong connection to the community which brings many volunteers and engagement for residents, families and staff from classic car shows to outdoor concerts and everything in between.

WE'RE SO PROUD OF...

Evergreen is an exceptional place to work where life at work is meant to be enjoyed. We are surrounded by beautiful outdoor spaces that all are encouraged to use. Evergreen Home for Special Care has invested in many outdoor spaces for staff, residents, and families to relax and take time to recharge during the busy days. We are located next to the Kentville trail system for travel to and from work as well as to take a break and enjoy all that nature offers.



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FOYER PÈRE FISET | Cheticamp

ABOUT US

Foyer Père Fiset, nestled between the majestic mountains of the Cape Breton Island Highlands and the shining waters of the Gulf of St. Lawrence, is located in Cheticamp, a traditional Acadian fishing village along the Cabot Trail. It is our vision to honour the dignity and privacy of each individual in a loving, safe, nurturing environment for both residents and staff, that enables compassionate relationships to form. We opened our doors in 1971, as a 44-bed long-term care facility. Twenty-seven beds have since been added to complete our 71-bed facility including 10 RCF level beds. We have an incredible team of 95 staff who derive meaning from creating a home-like atmosphere and enhancing quality of life for the residents they serve.

OUR PHILOSOPHY OF CARE

Our residents enjoy spending time in cozy communal spaces, including our fully equipped kitchen and dining area, and spacious outdoor terrace. All spaces encourage and support planned and spontaneous activities. Our Recreation Department coordinates social, physical, cognitive, spiritual, and emotional recreation programs for residents. Religious services, live entertainment, gardening, bingo, cards, painting, sing-alongs, movies, pet visits, dining out and bus trips are just a few examples.

WE'RE SO PROUD OF...

We follow a holistic, resident-centered approach and respect that the residents do not live in our workplace, we work in their home. Compassionate staff strive to provide loving, dignified care in a home that enables the residents to flourish and live their lives to the fullest – ensuring their quality of life and freedom of choice always remains at the forefront of care. We do this by nurturing family and community connections by including our Acadian culture in activities such as participating in “La Mi-Carême” and “Le Festival de l’Escaouette”, serving Acadian meals, and continuing to speak Acadian French. We are committed to continued education by ensuring that our staff always follow best practices, through information and training sessions. We recently celebrated our 50th anniversary. Construction of a state-of-the-art replacement facility is expected to open to residents in 2026. The new facility will be a household model and dementia-friendly design that allows us to create a real community within the space that elders recognize as home.



SPECIAL MOMENTS

We take advantage of the ATV trails in the Highlands and in summer of 2021, our residents toured through the mountains on side-by-side vehicles (with the proper protection, of course!), immersed in the sheer beauty of our community. Residents cheered on the U18 Canadian World Junior Hockey Team during the gold medal game of January 2023 with the activity room set up with lazy-boy recliners, snacks, Canadian jerseys and flags, while the game was viewed on a big screen. Our residents were thrilled to see Canada win gold!

Glenda LeBlanc, Administrator
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ABOUT US

As a Nova Scotian, family run business, we have been enhancing the lives of seniors since 1979. We strive to provide the best care, service, and quality of life for our residents in a safe, dignified, home-like environment. From housekeeping to administering medication, our staff are both the face and the foundation of our operations. We make it part of our business to recognize their work and foster enriching, diverse communities that bring people together.

In 2022, we were honored to accept Nursing Homes of Nova Scotia Association's Cultural Harmony Award, which celebrates the efforts made by GEM to reimagine long term care in Nova Scotia as an increasingly equitable, representative, and inclusive community.

GEM Health Care Group operates 12 long term care facilities in Nova Scotia.

- Admiral Long Term Care Centre - Dartmouth, NS (66 Units)
- Canso Seaside Manor - Canso, NS (15 Units)
- Centennial Villa* - Amherst, NS (43 Units) contains a Residential Care facility on the first floor, with Independent Living on the second floor
- Gables Lodge - Amherst, NS (99 units)
- Heart of the Valley - Middleton, NS (50 units)
- Melville Gardens - Halifax, NS (91 units)
- Melville Lodge - Halifax, NS (123 units)
- Milford Haven - Guysborough, NS (51 units)
- The Mira - Truro, NS (90 units)
- Whitehills - Hammonds Plains, NS (58 units)

OUR PHILOSOPHY OF CARE

At GEM, we believe that we all deserve to live interesting lives and we strive to provide quality, uncompromising care above all else. Through a combination of care modeling and facility design, we work to ensure residents are able to live a comfortable lifestyle that promotes their preference and independence in their day to day lives. Our facilities offer beautifully landscaped garden areas where residents are able to safely enjoy the paved walking paths and raised flower beds.

We pride ourselves in meeting the physical, intellectual, social, vocational, emotional and spiritual needs of our residents through our recreation programs. Recreation programs may vary between facilities but typically include music therapy, garden and horticultural activities, community and cultural events, intergenerational programs, men's club, volunteer programs, pet therapy visits, as well as family and resident council.



WE'RE SO PROUD OF...

GEM Health Care Group and Cape Breton Business College (CBBC) have partnered to deliver free training for anyone wishing to become a Continuing Care Assistant (CCA). We've welcomed multiple cohorts (students) across Nova Scotia to our homes and are also proud to offer our employees, and their families, the GEM Health Care Educational Nursing Fund, which provides up to \$5000 per school year for employees and their families to pursue nursing education.

MEET SOMEONE SPECIAL

Lindsey Harrington and Lola have been volunteering with the St. John Ambulance since 2014. One of Lindsey's favorite moments was when a resident of our Admiral community, who is an artist, gave her a drawing of Lola, taking the time to show his appreciation and friendship. Lindsey feels like she gets just as much joy out of the interactions as the residents do.

One hundred year old Aubrey Ingraham, a WW II Canadian Merchant Marine veteran, originally from Newfoundland, is a volunteer with Heart of the Valley. Aubrey was recently surprised to hear he would be the first veteran honoured as part of the town's Remembrance Day banner campaign. He has been a volunteer at Heart of The Valley for the last six years, quickly becoming a familiar face, coming to cook for the monthly supper club. Residents and the Recreation Department pitched the idea for the banners to the town and the Legion as a way to show their appreciation. We thank Aubrey for his bottomless devotion and service to others!



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ABOUT US

Glen Haven Manor is an accredited community governed long-term care and enriched housing facility located in New Glasgow, Nova Scotia. Glen Haven has 200 resident beds with 250 staff members. The Glen Haven menu is based on a five-week cycle with options that ensure Canada's Food Guide nutritional requirements are met. Residents enjoy meals in their dining areas. Recreation is enjoyed in common areas on the individual units and larger programs are held in the Bluenose Dock Recreation Room. Residents enjoy the beautiful Amirah Garden which is located off Whispering Tide, our memory care unit. It is available for all residents to use.

OUR PHILOSOPHY OF CARE

Glen Haven Manor provides exceptional individualized quality care within a safe and caring environment that has been designed in collaboration with our residents and their families to meet individual needs.

WE'RE SO PROUD OF...

Therapeutic services provided at Glen Haven Manor consist of regular access to an Occupational Therapist and Physiotherapist as well as a Therapy Assistant. We have certified instructors who hold Teepa Snow health care teaching certificates. Glen Haven Manor has a Wound Care Team, a multidisciplinary approach to ensure that resident's skin stays healthy. Incidents of pressure injuries have decreased since rolling out the new wound care program. A multi faith space/staff therapy nook was created for staff to access for individual needs such as prayer space, use of Nordic Wellness Chair and light therapy.

MEET SOMEONE SPECIAL

Our amazing resident Nancy Marshall launched her book "Looking to the Light above the Horizon." Congratulations to staff member Agnes Lomoro, one of the first health care workers to arrive in Nova Scotia after being recruited as a refugee from Kenya, Agnes has qualified for a new pilot program to gain her credentials as a nurse.



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GRAND VIEW MANOR | Berwick

ABOUT US

Located in beautiful Berwick, the 'Apple Capital' of Nova Scotia, Grand View Manor has been taking care of residents since 1969. Grand View Manor employs over 230 staff, is home to 142 residents, and has two attached assisted living complexes. Residents, tenants, and staff enjoy a varied menu with all meals fully prepared on site. Our recreation department provides residents with the opportunity for socialization, as well as cognitive and physical stimulation daily.

OUR PHILOSOPHY OF CARE

Our Philosophy of Care is resident first. At Grand View Manor we focus on creating the life that the resident and family wish to experience. All disciplines contribute to the resident care plan to ensure needs are met, and preferences accommodated whenever possible, through the provision of holistic care. Our front lobby is a uniquely vibrant hub that is truly the heart of our home. It draws residents from all of the units who warmly welcome staff and visitors alike. We proudly embrace our valley location and our long standing relationships with our neighboring schools, businesses, and community organizations.

WE'RE SO PROUD OF...

Grand View Manor is proud to be using the latest innovative technologies for resident charting, medication administration, and staff education. We partner with several local CCA program providers for training and clinical placements, and have hosted CCA training on site. We also provide practicum opportunities for LPN, RN, Dietician, Social Work and Recreation students. We have welcomed many newcomers to Canada in our Nursing department. They bring a wealth of knowledge and skills, and have been invaluable in our recruitment and retention program.

MEET SOMEONE SPECIAL

One of the things we pride ourselves on at GVM is our provision of palliative care. Our nursing staff are highly trained in comfort measures, and families have access to two private palliative care suites. The bonds formed between residents and staff are never more evident than at the time of someone's passing. When the page goes out for an 'Honor Guard', staff from every single department will stop what they are doing to line the hallway and see that resident off. This is a very moving moment and families are always genuinely touched by this display of love and respect.



Written on our entrance doors is, "The best employees in the world work here". We strive every day to uphold this statement but we could not do it without the support of our family members, designated care givers, volunteers and the community at large.



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HALIBURTON PLACE | Windsor

ABOUT US

Haliburton Place is a 32 bed nursing home located in Windsor, NS. We have 64 staff including our interdisciplinary team. Our residents enjoy recreational programs, a lovely garden with walking paths, two gazebos and a seasonal vegetable garden. Our dining room has access to a solarium and is attached to the resident kitchen. Pet visits, bus trips and very pampered resident finches are just a few of the things we offer our residents.

OUR PHILOSOPHY OF CARE

We are adopting the Eden philosophy of care. Resident center care is our priority. We promote independence, support the emotional, spiritual and social needs of our residents and families.

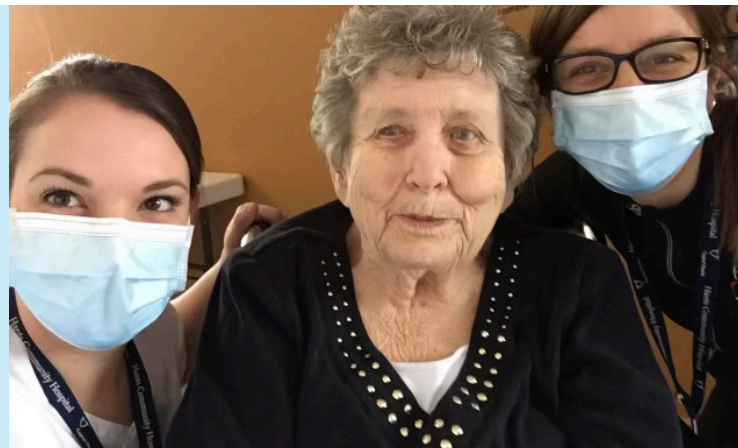
WE'RE SO PROUD OF...

Our home has recently adopted a new model of care and the staff numbers have been increased to better support our residents and staff. The solarium will be receiving a facelift this summer with new furniture and a shady area for everyone to enjoy. Future plans include the addition of a new spa room for resident enjoyment and therapeutic activity.



SPECIAL MOMENT

Haliburton Place has a small resident population, making our facility unique where we are like a family, socializing, dining and doing activities together. It is exciting to see new residents find new friends and bloom in our environment. We have an active Resident Council that meets monthly. Community is very important to us. We are fortunate to have the music, church services, volunteers and special visits the community brings.



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HARBOUR VIEW | Sydney Mines

ABOUT US

Harbour View is a standalone facility of Nova Scotia Health, located in Sydney Mines, Cape Breton (Eastern Zone). Our facility consists of an Adult Day Program, a Department of Veteran Affairs (DVA) and a Level II Long Term Care (LTC) 28 bed unit; a 15 bed Physical Rehabilitation Unit and a Restorative Care Unit of six. Our disciplines include nursing, occupational therapy, physiotherapy, recreation, social work, orthotics, dietary, hearing and speech, environmental, engineering services, etc. We have a large auditorium, an enclosed courtyard with raised garden beds, a recreation/games area and a solarium with lots of natural light, plants, etc.

OUR PHILOSOPHY OF CARE

Our vision, "healthy people, healthy communities — for generations" and our mission, "to achieve excellence in health, healing and learning through working together" reflects those of NS Health. Respect, integrity, courage, and innovation are our values. Our logo, inspired by the powerful waves of the Atlantic Ocean, signifies the strength we have to shift the conversation about health. Just as the waves impact the shape of our coast, the collective effort of individuals and communities will impact the health of our people. The philosophy/goal of our long-term care facility is using a resident centered care approach to achieve overall quality of care, best practice and quality of life for all.

WE'RE SO PROUD OF...

We are very proud of our person-centered care and certifications for Gentle Persuasive Approaches (GPA). Our goal is to provide all our LTC staff the GPA training, so they are better prepared to delivery person-centered dementia care. We are also looking to standardize the services we offer our residents in Eastern Zone facilities. We have an oral health program, where we have partnered with a community dental hygienist as good oral health supports overall health. Our dental hygienist assesses each resident's oral health on admission and annually. We have a wound care program where all consults are in house, tailored to the resident's needs, and aids in improved patient outcomes. We have a wound care program where all consults are in house, tailored to the resident's needs, aiding improved outcomes and providing hands on staff education. We also have a hydration and mobilization programs that we are very proud of as mobilizing and hydration can improve health, improve sleep and nutrition, which then can decrease pressure injury. We have a high level of resident/family satisfaction identified in the yearly and our quality improvement initiatives/key performance indicators include tracking of the following: UTIs and hydration, high alert medications, fall risk prevention, pressure injury prevention, aggression, allow natural death, goals of care and suicide risk screen.

SPECIAL MOMENT

Harbour View is a small site where everyone works together. We are fully committed to the family presence as being partners in care enables clients/residents to designate family members or other loved ones to have unrestricted access to them during their stay at Harbour View facility. This creates a welcoming environment that enables family and caregivers to more fully participate in client/resident care by providing emotional support, being present for treatment sessions and physician rounds, helping with transitions in care, etc.



nshealth.ca
Lorna O'Grady, Administrator
lorna.ogrady@nshealth.ca



HARBOUR VIEW HAVEN | Lunenburg

ABOUT US

Harbour View Haven (HVV), a 144-bed home in Lunenburg, has proudly been providing long-term care services for more than 50 years. An Accreditation Canada accredited facility since 2001, HVV has a diverse, dedicated team of over 200 staff members delivering quality care and services. During our last onsite survey in 2020, we were awarded the highest exemplary standing. We value integrity, innovation, respect, safety, and teamwork and as a “community for quality care”, ensure that our resident-centered approach to care is at the core of everything we do. From specialized multidisciplinary services, to enhanced recreation activities, and individually designed meal plans, our residents take center stage in all the services we provide.



OUR PHILOSOPHY OF CARE

HVV has become passionate about providing quality dementia care, behavioural interventions, and education as part of journey to the highest standards. This has included the development of our Resident Risk Assessment Committee, originally enacted almost 20 years ago, to help mitigate resident and staff safety risks, working from a multidisciplinary approach to provide best-practice interventions not only for dementia care but other areas of risk including falls management.

WE'RE SO PROUD OF...

Highlights of the multidisciplinary services we provide include:

- Professional nursing and allied health care services (physiotherapist, occupational therapist, dietitian to name a few)
- Engaging recreation and music therapy
- Outdoor seasonal sensory gardens and indoor Snoezelen room
- Pastoral Care Committee and services
- Volunteer programming
- Best practice medication management, infection prevention, wound care and falls management programs.
- An active Resident Council

HVV has been selected to receive new developments to our home. We look forward to working with our residents, families, volunteers, and staff to provide input into the design of the build. This new development and upgrade which aligns with our values of providing quality care and best-practice infection control management will include single rooms and private bathrooms.

MEET SOMEONE SPECIAL

Last year, Harbour View Haven celebrated its 50th anniversary. During this time, we were able to reminisce on the many special staff, residents, family, and volunteers from over the years. We browsed old photo albums and created a slideshow to highlight these memories and enjoyed sharing laughs with long-term employees about their experiences while also looking forward to positive changes ahead.

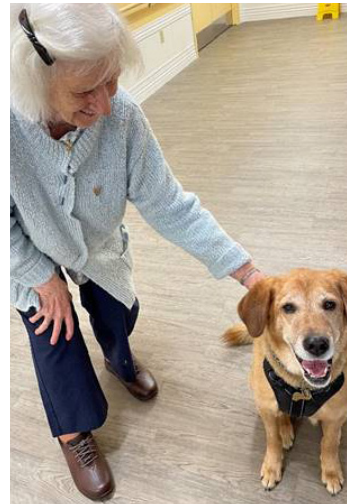
hvh.ca
Tim McAuley, Administrator
tmcauley@hvh.ca



HARBOURVIEW LODGE | Sheet Harbour

ABOUT US

Harbourview Lodge Continuing Care Centre is located in the beautiful community of Sheet Harbour, Nova Scotia. Thirty-two elders (and four cats and some fish too) live in 3 neighborhoods with outdoor gardens, large multipurpose room for recreation and programs. We have all private rooms (some adjoining for couples) with separate dining rooms and living rooms with comfortable amenities such as fireplaces. HVL has a smoking room, beautiful bathing suites and a beauty salon. We provide footcare to those in need. We have approximately 50-60 care partners including nursing, CCAs, LTC aides, dietary/dietitian and housekeeping, social work, OT/physio support, clinical nurse educator, etc.



OUR PHILOSOPHY OF CARE

HVL is a certified member of the Eden Philosophy of Care and were one of the first in the province to complete certification. We are very proud of our elder-centered approach, and it is seen in how the elders thrive in the home.

WE'RE SO PROUD OF...

Eden Philosophy is the largest feather in our cap, but we are proud of our use of Low Arousal techniques to better handle ourselves and responsive behaviors seen in LTC. We are also proud of our low fall rates, very low-pressure injury numbers and medication errors.

MEET SOMEONE SPECIAL

As families bring their loved ones to us, there is apprehension and fear about what living in LTC will bring. Seeing the new elder flourish and participate in programs and activities that were not expected is something that will always make us smile. Our home is truly a community and the elders become an extension of family. We enjoy celebrations shared among staff and elders (i.e., Holiday parties, Retirement gatherings, milestone birthday parties, etc.).



Amy Donnelly, Health Services Manager
Amy.Donnelly@nshealth.ca



ABOUT US

Highcrest Enterprises is a family owned company, nationally accredited by Accreditation Canada that operates provincially licensed and regulated health care facilities, with five facilities operating in Nova Scotia. We are exceptionally proud of our client centered approach to resident safety and well being. Our high standards, safe work practices, healthy and stimulating environment ensures a high quality lifestyle for each and every resident. Our mission is to serve the community and our residents by providing a living area and a place where residents feel at home, while offering a variety of programs and professional services to promote a high quality of life in a caring environment that provides client safety, personal choice, comfort, autonomy, privacy and upholds individual dignity through continued independence.

Our facilities include:

- High-Crest Home Antigonish - 24
- High-Crest Place New Glasgow - 26
- Highland Crest Home - 26
- High-Crest Sherbrooke - 52
- High-Crest Springhill -110
- My Cape Breton Home for Seniors (two locations) - 32

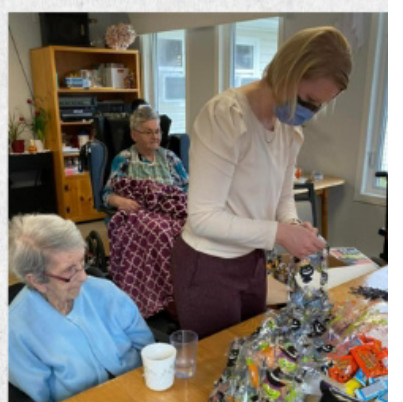
OUR PHILOSOPHY OF CARE

Our primary desire is to exceed expectations by striving to continually improve our focus on the needs and quality of life of our residents. Our commitment is achieved by building quality partnerships with the community and by recruiting and training dynamic teams of leaders and care givers who are quality focused and client oriented. Our commitment is also to invest in the quality of our people by supporting the educational goals of staff seeking to improve their knowledge and skills.

WE'RE SO PROUD OF...

We value variety to keep our residents lives enriched and engrained in local culture as well as taking into consideration the activities that they enjoy doing. Each week, our recreation coordinators schedule events to support our residents' day to day activities and come up with new, creative and exciting activities that provide a sense of community and togetherness within each of our facilities.

Our team works harmoniously to create a home for our residents, each bringing a sense of family and community to the organization. We are built on family values and are proud that each facility under the High-Crest Family continues that tradition by enriching the lives of the residents who call High-Crest Home.





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HIGHLAND MANOR | Neils Harbour

ABOUT US

Highland Manor is a cozy, 19 bed facility overlooking the ocean in picturesque Neils Harbour, Cape Breton. Our facility has a close knit community feel to it. Many of our residents are known to us before they arrive so the adjustment goes smoothly. While sitting outside on our swing, residents can see and smell the ocean. We have a strawberry garden and three raised beds for vegetables. Residents participate in the planting, watering and harvesting.

OUR PHILOSOPHY OF CARE

Highland Manor is proud of our home like atmosphere, and the individualized care we provide to each resident. We become part of resident's extended family and they become part of ours. We encourage residents to voice their opinions and become part of decision making regarding their care. We see this a lot in the dietary department. A Dietary Supervisor will visit with residents and ask what items they would like to see on the menu and then goes to our dietitian for the go ahead. Residents love their home cooked meals and desserts.

WE'RE SO PROUD OF...

Highland Manor has a very limited staff. We may be small but we are mighty. During the road closure in 2021, staff even travelled via helicopter and boat to continue providing care to our residents. Staff fundraise to help purchase craft supplies, Christmas gifts, and items not funded. Staff also purchase a Christmas gift for each resident that is personalized to them. On weekends/holidays, when recreation is not in, staff will do crafts or play a game with residents. Residents love when staff play games with them. Every week we have local entertainers come in for song and the occasional dance which residents love. We even have a resident that plays guitar for our residents. This was great during COVID. Staff also put their leftover change in a pot that provides a monthly jackpot bingo. Residents love the big win. During COVID, staff became creative with activities such as hallway bingo and Tim Hortons Drive Thru. They really enjoy Tim's Day because our closest Tim Hortons is an hour and 45 minutes away. Staff also bring in new or nearly new items then we set up a dollar day sale for residents. All money raised goes back to resident activities. These are just a few things that we are proud of.

MEET SOMEONE SPECIAL

Starting on December 1 each year, nursing staff on nightshift get "Elfie," the Elf on the Shelf, out and the fun starts. Residents get up in the morning and start looking to see what Elfie has been up to. This was a suggestion made three years ago by a beloved resident to a staff member and it has brought lots of laughter to everyone. We have lots of music, games and activities during the month of December.



Bernadette Dixon, Administrator
dixonbl@hotmail.com

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HILLSIDE PINES | Bridgewater

ABOUT US

Hillside Pines Home for Special Care is a lovely, welcoming home situated amongst the pines in Bridgewater on Nova Scotia's picturesque South Shore. Fifty elders call Hillside Pines home and we employ 90 care partners. Hillside Pines includes two neighborhoods, four houses, a main living room, a multi-purpose room, a hair salon, three dining rooms and two large outdoor spaces equipped with a fence, patio furniture, accessible swing and community garden.

OUR PHILOSOPHY OF CARE

Hillside Pines follows the Eden Alternative Philosophy of care as part of ongoing efforts to improve and enhance our Elder's lives. This principle-based philosophy empowers all care partners (elders, employees, family members, volunteers, community partners) to transform institutional approaches of care into caring communities where life is worth living. Our goal is to ensure each elder embraces Hillside Pines as their home and understands they have the right to live their lives to its fullest potential emotionally, intellectually, socially, spiritually, and culturally. Each one is recognised as a unique individual and encouraged to maintain control over their choices in a safe, ethical manner while preserving their dignity.

WE'RE SO PROUD OF...

We value all care partners and the quality of life derived from their job satisfaction. They deserve to enjoy their role and feel safe in their working environment and relationships. Families, visitors and volunteers are recognized, appreciated and encouraged to be an integral part in the life and well-being of the elders who live here. Our care partners are consistently assigned to the same neighbourhood and elders. By practicing this model of care, elders are well known and can develop and maintain meaningful relationships. The relationships between elders and care partners are so strong that many families have requested to hold their loved ones' memorial/celebration of life at our home because Hillside Pines was their home and we are part of their family.

MEET SOMEONE SPECIAL

Maintaining the community garden has created purpose for many. Our elders want a sustainable community garden that provides seasonal nutritious foods for them, their care partners, family, and friends. Our harvest has provided nutritious meals and has been so plentiful we are encouraging care partners, family and friends to take some home to their families.

The Cycling Without Age program, launched in 2022, enables elders to feel the wind in their hair; reconnect with nature, community, the world around them and have the chance to share their stories. So far, we have explored many places and are looking forward to many more adventures this summer. To date we have cycled 300km.



hillsidepines.com
Marisa Eisner, Administrator
m.eisner@hillsidepines.com



INVERARY MANOR | Inverness

ABOUT US

Inverary Manor is a modern 71 bed long-term care facility located along Cape Breton's musical coast in Inverness, NS. Our state-of-the-art facility is divided into six households (villas), each with cozy communal spaces, bright and airy sunrooms, fully equipped kitchens and dining areas, and spacious outdoor terraces. All of our spaces encourage, and support planned and spontaneous activities. Our Recreation and Activities Department coordinates social, spiritual, and recreational programs for residents. Religious services, live entertainment, gardening, bingo, card plays, painting, sing-alongs, movies, pet visits, dining out and bus trips are just a few examples of our programming. "The Village" is located just steps away from resident villas. Residents can venture out to The Village to visit the hair salon, enjoy a cup of tea from Nanny's Café, take in the music at Rodney's Fiddle and Bow room, play a game of checkers in the lounge, or drop in to say hi to some of the staff. We have an incredible team of 110 warm and supportive staff who derive meaning from creating a home-like atmosphere and enhancing quality of life for the residents they serve.

OUR PHILOSOPHY OF CARE

We provide care and safety for our residents using a holistic approach. We provide care in the residents' home, respecting their individuality and their preferences, and we do so with kindness and compassion. Inverary Manor strive to provide exceptional standards of care to all of our residents, ensuring each resident has the freedom of choice and their rights and dignity are respected at all times. We strive to create, facilitate and support opportunities that enable residents to lead a fulfilling life. We respect the privacy of our residents. The needs of our residents come first and foremost. It is our goal that all individuals will feel safe and engaged in nurturing ways that will empower them to build meaningful relationships with others. Inverary Manor provide a safe, warm, clean, and friendly environment for both our residents and staff. We maintain an ongoing commitment to train and develop all of our staff to meet the individual needs of our residents.

WE'RE SO PROUD OF...

We are proud of our growth over the last 50+ years. Inverary Manor opened in 1971 and provided services to 44 residents. In the fall of 1979, a sixteen (16) bed expansion was completed which increased services to serve 60 residents. In 2012 a new state of the art replacement facility was opened with services for 71 residents.

MEET SOMEONE SPECIAL

Scottish traditions, including Scottish music are a big part of life in Inverness County and at Inverary Manor. In May 2020, at the height of the COVID19 pandemic, one of our residents, Mabel (Chisholm) MacQueen, a very well know pianist, played an outdoor concert with two fiddlers (all maintaining social distancing). The concert was captured on Facebook and has garnered more than 59k views!



Stephen Doiron, Administrator
sdoiron@inverarymanor.com

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MACGILLIVRAY GUEST HOME | Sydney

ABOUT US

MacGillivray Guest Home is a long term care facility that fosters a community of respect and dignity. We are committed to enriching the lives of each resident by providing a comfortable, secure and caring home while striving to meet individual physical, mental, social and spiritual needs.

OUR PHILOSOPHY OF CARE

Our home offers a lot of unique programming to support our mission and values for residents, families, employees, volunteers and community partners as a whole. Families, employees and volunteers are provided a platform to be an equal partner through engagement in the many committees we offer. The input they provide enables us to strive in our continuous quality improvement initiatives.

WE'RE SO PROUD OF...

Our employees are provided educational opportunities to advance their skills and add value to the standards of MacGillivray Guest Home. Education opportunities are accessible to all employees based on their interests while being respectful of their abilities. We value the many community partners who offer social, emotional, and spiritual support through our growing volunteer support program. MacGillivray Guest Home is a long term care home that takes pride in its home-like environment. Our residents, families, numerous long time employees, future employees, and volunteers offer a one of a kind spirit that makes our home unique in so many ways.



MEET SOMEONE SPECIAL - Sr. Hazel Power

We are very fortunate to have a strong volunteer base that works tirelessly to enhance the quality of life for every resident. Sr. Hazel Power has been a staple in our home since she became Chair of The Friends of MacGillivray Guest Home in 2000. Twenty-three years later, she is still volunteering her time to raise funds through an annual Fall Fair, even split ticket sales and by running a gift shop in the home called the "Shalom Shop" which opened its doors in 2007. Sr. Hazel quietly ensures our residents are given many comfort items throughout the year which include our annual Lobster supper, Mother's Day Tea, Concert tickets, Christmas Gifts for every resident and has also furnished our main lobby with the money she raises annually. We are so proud and honored to have Sr. Hazel Power as the backbone of our little home.



macgillivrayguesthome.com
Jody Gentile, Administrator
jody.gentile@mggh.org



ABOUT US

The Maritime Odd Fellows Home is a 47 bed continuing care facility located in the town of Pictou. The home is owned and operated by the Odd Fellows and Rebekahs of Atlantic Canada and was established in 1923. It has the distinction of being the first home of its kind in the Maritimes. On May 20, 1999, we moved from the former facility which was built in the 1800s to our beautiful new home which has been built to be not only "resident focused" but "community minded". When entering a home such as ours, life does not or should not isolate you from the community which has been so much a part of your lives.

OUR PHILOSOPHY OF CARE

In keeping with the original purpose of the Maritime Odd Fellows and Rebekahs: our home has been established to meet the needs of those entrusted in our care both within the facility and in our community. Our mission is to provide quality nursing home care and respite care services to individuals, adhering to the following values. Our values in keeping with the original purpose of the Maritime Oddfellows and Rebekahs: respect each individual, their privacy, belongings and loved ones. We provide a multidisciplinary approach to care, ensure that needs and expectations of the individual are met through honesty, integrity and trust. We are committed to quality improvements and also ensure that there is an ongoing interaction with health care service organizations and government provincial bodies through the provision of community outreach services.

WE'RE SO PROUD OF...

Maritime Oddfellows Home has begun an 18-month credentialing process to become a Montessori Inspired Lifestyle Care Home, an evidenced-based approach to person centered care which has been shown to improve resident outcomes as well as improving the working environment for staff.



maritimeoddfellowshome.ca
Michael Archibald, Administrator
marchibald.ioof@eastlink.ca



ABOUT US

Maple Hill Manor is a long term care facility serving the community of New Waterford, Cape Breton, a former mining community, for 46 years. It is home to 50 long term care beds and 13 residential care beds. Maple Hill is dedicated to fostering and nurturing a healthy, safe and positive environment to live, visit and work.

OUR PHILOSOPHY OF CARE

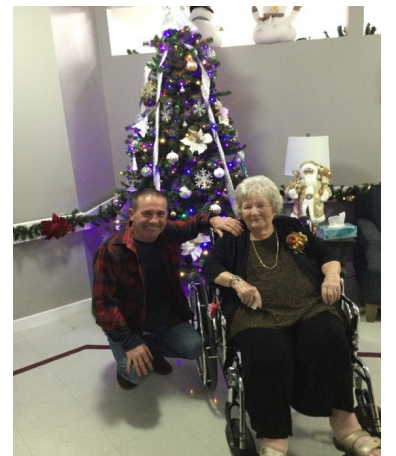
Maple Hill Manor strives to promote resident directed care centered around the personhood of each individual that calls Maple Hill Manor home. Our values guide and direct the daily functions and operations of our facility. We strive to provide an environment that is welcoming and reflects the comforts of home. Maple Hill Manor takes pride in our past, nourish our present and invest in the vision of our future with excellence as our goal. We embrace honesty, integrity and transparency as fundamental responsibilities in the care we provide and have a strong commitment to our accountability.

WE'RE SO PROUD OF...

We aspire to embody compassion and empathy for residents, staff and families at Maple Hill Manor, resulting in respect and our staff have a reputation as compassionate, dedicated and courteous. Through strong teamwork, we recognize and exemplify the importance of cooperative, supportive and respectful partnerships.

We rely on our community for volunteers, and we also support our community through providing student opportunities for employment and academic placements. Maple Hill works diligently with local community groups, our high school, colleges and Cape Breton University to provide meaningful work and volunteer placements while encompassing residents throughout their daily lives within the community. We believe these interactions allow Maple Hill Manor to excel as a home and as a workplace.

Community connections and having the ability to keep our resident linked to their community is a very important aspect of life at Maple Hill Manor. One of the ways we do this is through the various Recreation & Leisure programs we offer. Entertainments are one way we can provide our residents with connections to their community. A highlight for our residents every year is when the Men of the Deeps, a choir of working and retired coal miners, come to sing for our residents. After a two year hiatus due to COVID restrictions we welcomed the Men of the Deeps back to Maple Hill in early January for a performance. This performance is always very special to our residents as New Waterford is a former coal mining town and many of our residents either worked in the coal mines, or their husbands or their children so the Men of the Deeps performance brings back many memories. We are so thankful to have the choir back in our facility, it really was a special moment for all who live and work at Maple Hill Manor.



Kendra Baldwin, Administrator/CAO
kendra.baldwin13@gmail.com



ABOUT US

Mountain Lea Lodge, located north of Bridgetown, is home to 107 residents and has a reputation for high quality long term care. It is geographically well situated to serve the needs of Annapolis County and the Western Valley with the resources and infrastructure to be able to offer a wide range of programs and services.

OUR PHILOSOPHY OF CARE

Mountain Lea has a strong philosophy that our 145 staff are all here to improve the lives of our residents. We place them at the center of everything we do and we empower and support our residents to have a voice. In collaboration with their families, we encourage our residents to set goals and reach their full potential. We see our families as part of the care team and we encourage them to help us meet the residents needs in any way they can help. Our staff are our biggest assets and they go above and beyond the call of duty. We do many activities with residents and recently we had a held a Farm Day with many farm animals on site and our residents had a ball. We also have a Safe Space for staff if they need to take time for themselves or if they're struggling with mental health challenges or anxiety at work.



SPECIAL MOMENT

All of our residents are special but we have one in our dementia unit JB that has a special story. J has advanced dementia and really did not communicate and just walks all the time. We have introduced pet therapy on the unit and he's a new person. He talks, dances and loves the dog that visits daily.

mountainsandmeadows.ca
 Joyce d'Entremont, Administrator
 jdentremont@mountainsandmeadows.ca



ABOUT US

Musquodoboit Valley Home for Special Care (known as Braeside within the community) is located at 126 Higginsville Road, Middle Musquodoboit, NS. We have 50 staff and 29 residents. We have a wonderful Recreation Department that have a variety of twice daily activities and includes having our own bus for use during Spring/Summer/Fall seasons. Braeside has a beautiful backyard veranda which is used for barbecues, and last year residents grew a variety of flowers and vegetable. We have a cat named "Tigger", who brings great joy to Residents, Visitors and Staff.

OUR PHILOSOPHY OF CARE

Our philosophy is to provide resident-centered care which maintains dignity and maximizes independence. Our home is special because we are comprised of neighbours and friends, residents and staff alike.

WE'RE SO PROUD OF...

We adapted a philosophy for intimacy in LTC to improve the quality of life for our residents. We also transformed our Model of Care, which included renovating our dining rooms to make it more home-like and changing the staffing model and medication delivery systems allowing the nurses to give more hands-on care to the residents.



Musquodoboit Valley and Eastern Shore collaborated on a video showcasing our beautiful communities. The link is <https://app.frame.io/presentations/4c446cf7-1883-4950-9470-2a4d56c71506>

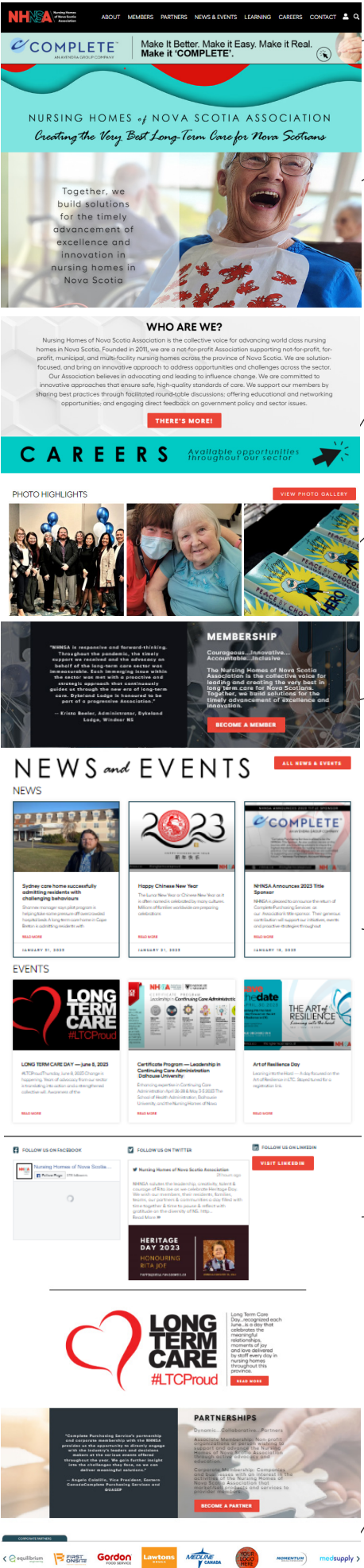
SPECIAL MOMENT

We have many special moments and celebrate big and small events. One particular event is that we took care of a resident past her 100th year and after her passing her family donated a personalized bench, which sits in our garden area for other family and residents to enjoy.



Tara Rutherford, Health Services Manager
 tara.rutherford@nshealth.ca

The Nursing Homes of Nova Scotia Association launched a dynamic new web site in March 2023. The site is vibrant and interactive with new features and a look that is reflective of the values and commitment to reimagining LTC and the transformation happening across our province. The site gives access to relevant timely information and strong support to nursing home members as well as a wealth of info and resources of interest to those living in long term care, their families, the team of dedicated professionals proving all aspects of care and life enrichment as well as corporate partners who are invested in LTC thriving. From facility profiles, solutions, best practices, and education to career opportunities and thought provoking insights from the strongest leadership in the sector and our partners, the website is a professionally created and designed resource that is aligned with placing this critical significance of long term care at the forefront and assuring growth and change.



This premium banner ad is reserved for our title sponsor. An RFP is released each year in January.

Don't you just love this feature image!!! It will change throughout the year, so remember to keep that in mind when you are snapping photos at your facilities.

CAREERS

This is a new feature that we are excited to offer our members. Simply submit the information through "Post a Job." There is no charge to our members.

PHOTO SLIDER

There is another opportunity to feature the amazing photos from our members. When you click on the photo gallery button, a entire page of photos from our events and from our members is featured.

MEMBERSHIP -->

The members page has been enhanced. A new feature on this page is the Member Profile. Each month the profile will change. This will reflect what each home has submitted for the Member Directory.

NEWS AND EVENTS

We will continue to highlight news items about our members and news happening in our sector. The events section of our site is a new feature that will highlight events organized by the NHNSA plus other events that would be of interest to our sector. There is an option to submit an event as well.

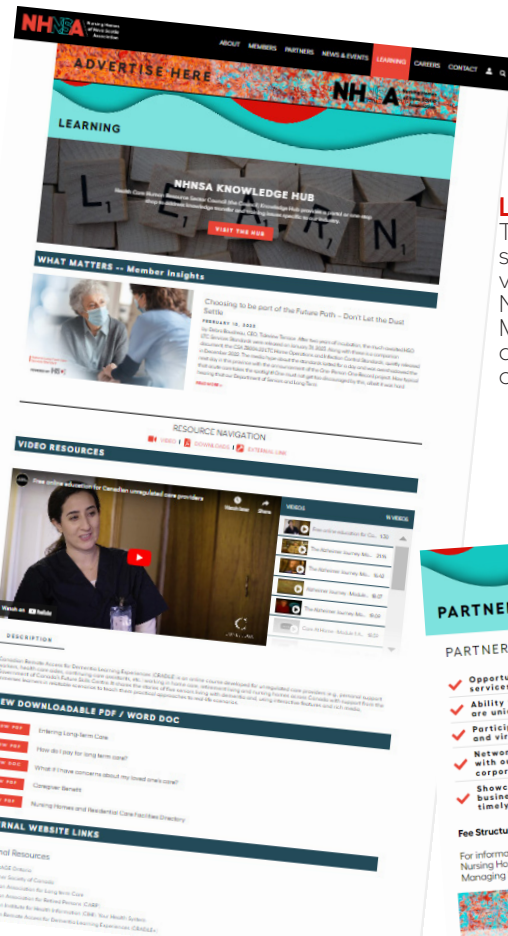
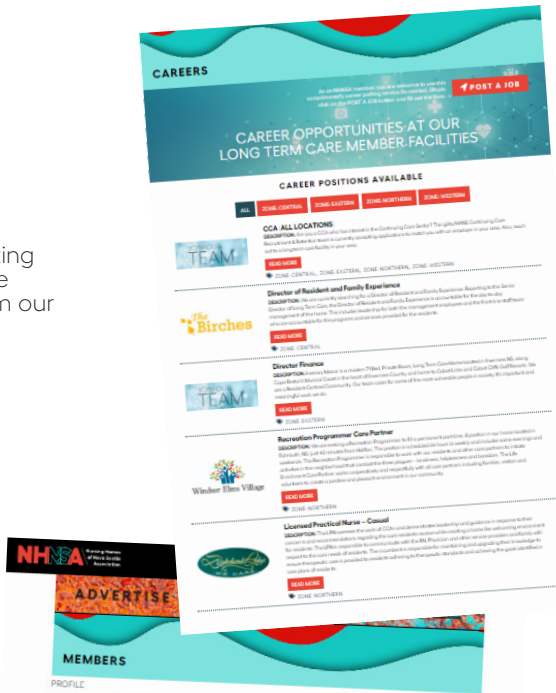


ADVERTISING

Corporate advertising is available on the slider at the bottom of the website along with two other top banner ads on the Members page and Learning page.

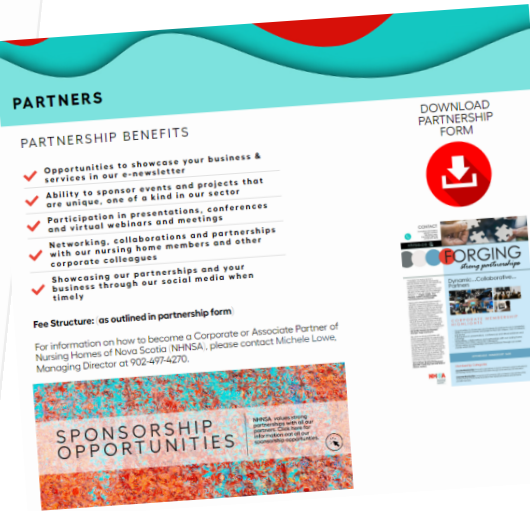
NEW LOOK NEW FEATURES

www.nhnsa.ca



LEARNING

The association is excited for this new section. Besides access to sector resources, videos, documents and other websites, NHNSA has started a blog -- WHAT MATTERS -- Member Insights. Each month a member will be asked to contribute on a certain topic.



PARTNERSHIPS

We will continue to highlight news items about our members and news happening in our sector. The events section of our site is a new feature that will highlight events organized by the NHNSA plus other events that would be of interest to our sector. There is an option to submit an event as well.



MEMBER LOGIN
Each member will have access to a MEMBERS ONLY section of the website.

Website Administrator:
Maureen Connors
maureenconnors@nhnsa.ca

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NAKILE HOME FOR SPECIAL CARE | Argyle

ABOUT US

Nakile Home for Special Care is a 48-bed facility located in a beautiful setting overlooking the Argyle River. Nakile is considered “home” for those who live, work and visit there. We take care of people in a way that is respectful and inclusive, inviting participation by all. Nakile has a mixture of single and double accommodations, four dining rooms, and spaces for activities and gatherings. We have 110 staff and are governed by a volunteer Board of Directors, with representation from surrounding communities. Our manicured grounds have flower gardens, wild roses, trees and vegetable gardens, with walkways and inviting places to sit.

OUR PHILOSOPHY OF CARE

We believe in hiring the best staff and supporting them with great leadership, continued education and an environment grounded in teamwork. Staff from all departments create a homelike atmosphere where everyone is friendly, laughter is encouraged and residents receive outstanding care. We foster relationships between staff, residents, their families, and the community.

WE'RE SO PROUD OF...

Our Dementia Support Program was created to provide extra support for residents living with dementia. We sought out staff with a genuine interest in working with this population, provided training, and created a daily dementia support shift. Nakile is a vibrant and contributing community leader, participating in local events, supporting local businesses and groups, and nurturing strong connections to our community. We are grateful to receive support from dedicated local volunteers, businesses and organizations. Having students for clinical experiences and in part-time jobs is a win-win situation. We provide part-time employment for high school students and student placements for CCA, LPN, RN, Dietetics, Human Services and other opportunities and welcome the fresh insights that students bring to Nakile.

MEET SOMEONE SPECIAL

Therapeutic Recreation staff support residents to contribute to life at Nakile. One resident makes beaded jewelry and another knits while recreation staff are assisting both with selling these items to enthusiastic staff and visitors, with the proceeds going to Resident Council. Through Resident Council, those who live at Nakile have the freedom to fundraise and make decisions on how to spend those funds. Each year our residents prepare many bottles of pickles and preserves which are sold, with the proceeds going to Resident Council. A high priority every year is to pay for the professionally-planted window boxes from a local nursery.



Special Moment

Our Nakile family likes to celebrate both big events and little moments, always in a spirit of fun and sharing of good food.



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nakilehome.com



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ABOUT US

North Queens Nursing Home is a 44-bed facility in Caledonia, Nova Scotia. We are located in a rural community of Queens County with approximately 75 employees. We are relatively small, which creates a close-knit family environment. Our facility has three wings, one being a secure unit. We have a secure wandering garden, a palliative care room and offer home cooked meals.



OUR PHILOSOPHY OF CARE

We offer 24-hour care to those who can no longer fully care for themselves. We offer services that enrich lives: social interaction, activities and hobbies, excellent nutrition and personal care, in addition to nursing and medical care. We ensure that the needs of the resident as a whole are met - social, spiritual, physical, emotional and cognitive. Our residents are the centre of all that we do.

WE'RE SO PROUD OF...

We have had a very active and passionate palliative care committee which, through fundraising and commitment, has developed a comfortable palliative care room. The room provides a soothing environment for the resident and their loved ones at a difficult time.



SPECIAL MOMENT

Staff eagerly created professional Christmas photos of each resident. With help from staff in all departments, the residents were dressed up, taken to the hair salon, and posed with a beautiful background. The professional-quality printed photos were then sent to any friends or family the resident chose, for a wonderful Christmas surprise. It was an exceptional day for all involved!



nqnh.ca
Lisa Gallant, Executive Director
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OAKWOOD TERRACE | Dartmouth

ABOUT US

Oakwood Terrace is a large nursing home located in Dartmouth, NS. It is home to 111 residents with 240 employees including a comprehensive Recreation Department which provides life enrichment programming. Our living space is on one level with an accessible courtyard, flower garden off the dementia unit and a large multi purpose room located in a central area.

OUR PHILOSOPHY OF CARE

Oakwood's philosophy of care is resident centred with a strong focus on the residents' abilities and interests. We enhance their quality of life by breaking down barriers and refusing stereotypes. It is a strength-based approach where residents are supported to have independence, a voice within care and life choices. Our approach is holistic, embracing all facets of well being. We are proud of our rich calendar of fun and invigorating programs and events that keep residents active.

WE'RE SO PROUD OF...

Our community partners are an integral part of our recreation team and we have establish lasting partnerships. We are extremely proud of our special projects. Hand crafted poppies are knit/crocheted by residents, staff, and people in the community, and gathered onto a large canvas. This project bridged a connection between our four walls and the community. The beautiful canvas is displayed at Oakwood Terrace, the Dartmouth cenotaph, and then at the Ochterlony Church for our Remembrance Day show. The *These Hands* project is a way to understand parts of our residents' lives that we may not know. We take photos of the residents' hands holding an object that is important to them or symbolizes something from their past. We then chat with the residents and their families to get a better idea of their past and who they are.

During the hardships of the pandemic our residents thrived and were extremely resilient and we all enhanced communications through technology. Visits through Facetime and our Facebook page allows for peace of mind and connection for both the family members and the resident. Music is also extremely important to our residents here and volunteer entertainers are a huge part of our team. We prioritize 1:1 visits with residents to check in with those who need extra support and create connections with our residents to give them a sense of comfort through times of distress.

MEET SOMEONE SPECIAL

Through our special programming there are many shining moments and opportunities for residents. Examples include a self-taught artist who shares his gifts by helping staff teach art to other residents, encouraging their creativity to blossom. Another resident is very talented writer and her poems have been written for many special occasions, and was the catalyst for the staging of a musical presentation that was a huge hit. This resident is also a vibrant advocate for her peers and is a strong leader as President of Resident Council.



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OCEAN VIEW | Eastern Passage

ABOUT US

Ocean View sits on a bluff at the entrance to the Halifax Harbour in beautiful Eastern Passage. Our home consists of 171 residents supported by over 300 staff within six neighbourhoods, each with their own kitchen and family spaces. Ocean View boasts a large community room, an onsite Café run by community volunteers, and an inviting sun lounge overlooking the harbour.

OUR PHILOSOPHY OF CARE

Our mission is to provide comfort, care, and compassion for those we serve. We know that goes beyond providing simple necessities. Instead, it's about creating a sense of calm and safety in a home-like environment, helping residents find purpose through engaging activities, and finding ways to continue improving how residents experience life at Ocean View.

WE'RE SO PROUD OF...

Our commitment to our community! In partnership with Port City Home Services, we are excited to launch a new Dental Hygiene Clinic serving not only our residents but also seniors living in the community.

MEET SOMEONE SPECIAL

Shirley our resident pianist and Ocean View celebrity often shares her talent with fellow residents, families, staff, and volunteers daily. If you're lucky enough to be in the sun lounge when Shirley is at the piano, know you can request almost anything and she'll roll into a concert of familiar tunes, often growing an audience of passersby. Shirley says she plays music because "I just want people to be happy".

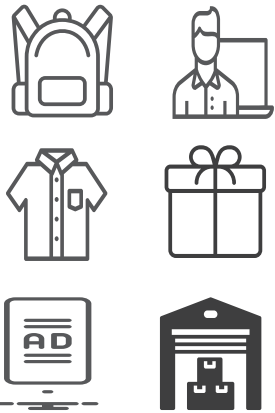
We also are fortunate to have Mark, our Music Facilitator who shares his talents daily through concerts big and small with his piano, ukulele, banjo, and accordion! He leans on songs that he knows are meaningful to the residents individually, encouraging them to share memories connected with the music.



oceanv.ca
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ABOUT US

Queens Manor is a 61 bed long term care facility in the heart of Queens County: Liverpool. We employ approximately 115 staff across all departments.



OUR PHILOSOPHY OF CARE

At Queens Manor we focus on “adding life to years”. With one of the most robust and creative recreation departments in the province, Queens Manor is a home where fun, excitement, innovation, and activity combine with second-to-none nursing care. The result? An holistic home for seniors and rewarding workplace for staff.

WE'RE SO PROUD OF...

We're so proud of our mantra that “aging is cool”. One of our favourite projects we have embarked on under this motto is our Aging with a Vengeance Calendar. Through this fundraising endeavour we broke the stigma related to aging and long-term living by having young, male models and our residents engage in a fun and edgy photoshoot which was then compiled into a calendar. It was hugely successful and put Queens Manor on the map for being adventurous and outgoing. Additionally, we are very pleased with our Facebook page which beautifully showcases the amazing love and exceptional care our residents receive daily from staff in all departments. Our over 3000 followers have a front row seat to all the wild and whacky endeavours our residents are enjoying daily as well as stay up to date on everything happening at the facility. Related to this, we're very proud of the special programs and holiday parties we host. A quick overview of some of our finest events includes our: Campfire circles, pub afternoons, picnics at Fort Point, bowling, butterfly lifecycle kit, click and grow gardening, pool parties, monthly radio show on QCCR radio, sweetheart teas, paint nights, mock weddings, game show week, Elvis Mania, ABBA showcase, coffee houses, karaoke, and so much more!



MEET SOMEONE SPECIAL

At Queens Manor we fully embrace our community, and the relationship is very well reciprocated. You can always find us touring around town year-round in our bus taking in popular sites and sounds, whether that be viewing new developments, reminiscing at common pitstops (with our favourite destinations being our beaches) or out admiring the Christmas lights. Additionally, we hit the road weekly during the summer months for our Wheelers Club, where a group of volunteers push residents around Liverpool in their wheelchairs for a closer look at what's happening in Queens County. (Don't even get us started about our amazing volunteers! We are forever grateful for their continued contributions). For local events, we enjoy concerts at the Hank Snow Museum, beer tastings at Hell Bay, and events at the Astor theatre and churches as well as participating in annual holiday parades. Finally, we love welcoming community members to showcase their expertise including: fitness and yoga instructors, faith groups, artists, wood carvers, authors and, of course, our local musicians who come to Queens Manor to put on rockin' concerts. Last but not least, intergenerational programs bringing youth in contact with our residents plays a vital role in our programming. We certainly feel the love from our community, and we love to share it right back



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ABOUT US

Rosecrest Communities owns and operates the Sagewood and Magnolia Continuing Care Communities. Sagewood is located in Lower Sackville, NS and Magnolia can be found in Enfield, NS. Rosecrest is excited for our Sagewood location to have a new neighbour. Rosecrest Meadows is included in the province's announcement of Long Term Care facilities to be constructed by 2025. The new facility will help fill the need for more long term care beds in our community.



OUR PHILOSOPHY OF CARE

Both facilities are resident-centred care communities that ensure decision-making and daily routines are a part of a person-driven culture. Activities and care are structured to the individual's wants and desires, rather than following a schedule that is only suited to staff and the organization. By working to remove loneliness, helplessness and boredom from our residents' daily experiences, we are able to create an environment fostering personal choice and companionship in a collaborative community.

WE'RE SO PROUD OF...

Rosecrest Communities is proud of our how our staff are responsive to resident needs as well as pursuing and maintaining their knowledge in evolving care practices. By supporting our staff to keep up with training within their schedule, we allow them to feel supported in their workplace and provide care with confidence and enthusiasm.

With locations in thriving communities, Rosecrest is accessible for families to visit their loved one(s) as well as for staff to easily make it to their workplace.

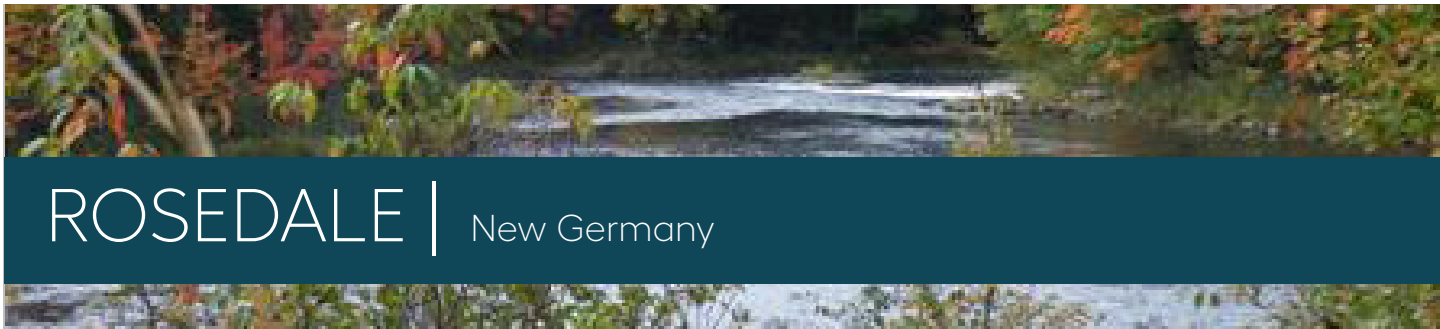
Rosecrest continues to seek out and learn new approaches in the care of our residents through efficiencies in operation as well as staff training and upgrading. When our people feel supported, our residents benefit in their ability to provide care with confidence!

Everyday at a Rosecrest facility brings something different for our residents and staff. It is a community of caring and there are activities and gatherings for every interest.

Our residents at both facilities have participated in music video shoots, many different types of recreation activities, truth and reconciliation events as well as the sharing of memories and making memories.



rosecrest.ca
Jill Brown, Administrator
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ROSEDALE | New Germany

ABOUT US

Rosedale Home for Special Care is home to 39 residents and is located in New Germany, a picturesque little village situated on the LaHave River 25km north of the town of Bridgewater on the beautiful South Shore. There are 80 employees who work full time, part time and casual to ensure we maintain our commitment to excellence in care. We boast our small size is what makes for the homelike atmosphere and our homemade meals are second to none.

OUR PHILOSOPHY OF CARE

We are resident advocates, first, last and always. We pride ourselves on our commitment to our residents, their families and our outstanding employees. We strive to create an environment where every person's contribution is valued and important. Our home has been called a 'hidden gem' as we are located in a rural area, and many of our staff live close by. Our staff truly go the extra mile for our residents, including adopting a resident at Christmas time, spending the night in the facility during bad weather or arriving to work on tractors, or ATV's when the roads are seemingly impassable. We have taken our residents on overnight trips all with staff volunteers participating to support the residents to live life to the fullest. Rosedale Home for Special Care is indeed special. We are a home away from home!

WE'RE SO PROUD OF...

Our facility will be celebrating 40 years of service in the coming year. This is quite an accomplishment for a small rural village. We are proud to have staff working in the facility who can remember the first resident being welcomed on May 7th, 1984. We have a large number of long service employees who can testify that Rosedale is a great place to work. We promote a resident centered care approach in all that we do, and training our staff to assist in all departments makes perfect sense. Our staff work in a team based approach to provide optimal care to the residents in the moment. You will often see an environmental service worker assisting a resident to the table for lunch, our occupational therapy assistant working with CCA staff to get residents up in the morning, and our recreational aides assisting with feeding at meal times. We believe many hands make light work and our employees are not afraid to lend a hand wherever it is needed.

MEET SOMEONE SPECIAL

The role staff play in the lives of our residents is huge. This excerpt from a resident's letter to Santa made a huge impact on staff. "I just celebrated my 100th birthday and have met so many wonderful people in my life, especially here at Rosedale. My caregivers are the best, they are more like family to me and I love them all. My list is small Santa, I have few needs; maybe a green sweater and some sweet treats to share with my family and friends." Our staff is what makes people feel like Rosedale is a family.



rosedalehome.ca
Jennifer Jesso, Acting Administrator
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SEAVIEW MANOR | Glace Bay

ABOUT US

Seaview Manor is a municipally owned long term care facility built in the late 1970s. An addition to accommodate another 32 bed unit was built in 2008 representing a total footprint of 80,000 square feet. We are home to 113 residents and employ over 170 people. We are located in Glace Bay, Cape Breton, nestled on 16 acres, with sweeping panoramic views of the adjacent coast line. Our footprint includes two large secure courtyards one of which hosts our annual horticultural program. Each of our four neighborhoods contains dedicated dining space. We also possess a large entertainment space in which special events such as our Mother's Day Tea and New Year's celebrations are hosted.

OUR PHILOSOPHY OF CARE

As an organization, we provide excellent resident centred care delivered in a person centred culture that supports everyone's potential, autonomy and quality of life. We partner with residents and/or their substitute decision maker in the planning and evaluation of care and service. Our mission is to ensure our residents live enriched lives by creating remarkable moments through highly engaged and motivated team members and volunteers.

WE'RE SO PROUD OF...

Seaview Manor has long been recognized as a leader in Long Term Care. Since the original pilot of a standardized assessment tool in 2002, our organization continued with the program post pilot and continued to advocate for its province wide implementation which began in 2022. Seaview is dedicated to participating in research that seeks to improve the delivery of care and services in long term care. Currently, Seaview Manor is involved in two projects. The first is designed to reduce unnecessary trips to the emergency room as a result of early identification and more timely onsite intervention. The second pilot is exploring the impact of multisensory therapy to determine its impact on reducing responsive behaviours in residents with dementia. We are especially proud of our approach to merging recreation and rehabilitation services into a new department of Therapeutic Services. Integrated programming is designed to maximize cognitive and functional abilities consistent with the residents capabilities.

MEET SOMEONE SPECIAL

The staff at Seaview Manor are passionate about the care they deliver and the difference they make in the daily lives of residents. This is illustrated in their self initiated Secret Santa program each year. Each staff member, using their own funds, purchases a gift for a resident consistent with making remarkable moments. Seaview Manor is dedicated to becoming a magnet employer focused on the needs of a multigeneration workforce and the need for work-life balance.

SEAVIEW MANOR

Proudly serving our community since 1976



seaviewmanor.ca
Eric Doucette, CEO
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SHANNEX | 17 Licensed Nursing Homes

ABOUT US

In Nova Scotia, Shannex Enhanced Care is home to residents in 17 licensed long term care (nursing) homes in, Amherst, Annapolis Valley, Antigonish, Bridgewater, Colchester, Dartmouth, Halifax, and Sydney. Each community provides complete service and care, wellness programming, on-site hairdressing and barber services and allied health services, including dietitians, occupational therapists, physiotherapists and recreation and music therapy. Our communities would not be complete without the presence and support of family members and volunteers who are a welcome, positive presence every day.

OUR PHILOSOPHY OF CARE

Your Life. Your Choice. Your Home. You will make the decisions about how you live your life. We talk with you to understand your needs and wishes and these will be reflected in our service to you. We respect your choices and the choices of those who share your community. We will work together to create a relaxed and comfortable atmosphere where you feel at home. We help you keep the relationships you have and create opportunities for you to build new ones. This is your home and we work where you live. When you need support, we will be there for you. Our team members are committed to providing compassionate care and exceptional service that respects you and your family.

WE'RE SO PROUD OF...

We know we hold the trust of the residents and families who choose to call our communities home, and that is not something we take for granted. Every project, initiative or innovation has resident service and care at the forefront. Our team members are continuously seeking and adopting innovative ways to meet the unique needs of our residents. We are accredited through Accreditation Canada and have been voluntarily participating in this process since 1993. Every team member participates and takes pride in the process which measures organizations against national standards of excellence in healthcare and helps ensure that we are always improving quality and following best practices. Our next accreditation cycle will take place in 2023.

Unique Pilot with Responsive Behaviours

Harbourstone Enhanced Care in Sydney is helping people with complex responsive behaviours transition into a home environment as part of a unique pilot project through the provincial Continuing Care Innovation Pilot program. The team at Harbourstone recognized the difficulties families were having finding placement for their loved ones with complex needs. Through a specialized approach developed in partnership with the Breton Ability Centre, Continuing Care Placement for Eastern Zone, Eastern Zone Transitional Units and Nova Scotia Health,

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Harbourstone has been able to support over 30 residents who were previously in the hospital or refused from other nursing homes, find a new and welcoming home at Harbourstone.

Shannex Insights Lab

The Shannex Insights Lab is an internal research and analysis hub dedicated to analyzing resident data from various sources. Established last year, the lab's goal is to generate insights that help identify opportunities to improve resident care and outcomes. The lab uses data from Momentum, the electronic health records, and assessment data and real-time location data available from Tenera, a new alternative call bell technology we are piloting in three provincially licensed nursing homes: Cedarstone Enhanced Care in Truro, Harbourstone Enhanced Care in Sydney and Parkstone Enhanced Care in Halifax. We see great potential for quality improvements through the insights gathered from the work of the lab.

Innovative Solutions in Long Term Care

In March 2022, through a partnership with Pulse, Dalhousie's Health Innovation Sandbox, we hosted a "Hackathon" with students from several local post-secondary institutions working on real-world-long-term care challenges over two days. Guided by Shannex mentors, the teams explored common issues such as falls, social isolation, disease progression, care transitions and responsive behaviours and presented final pitches to a panel of long-term care judges at the end of the weekend. The winning idea was the development of a system to help identify residents who may be at a greater risk of falling, a Fall Prevention Scoring System.



MEET SOMEONE SPECIAL - Dr. Naomi Black



Resident Dr. Naomi Black is an extraordinary person. At 87, she is a self-proclaimed activist who devotes her time to advocating for those living in long term care. The Parkstone Enhanced Care resident, who resides in Halifax, N.S., was one of 250 applicants from across Canada chosen to participate on the 32-member Technical Committee to develop a new National Long Term Care Services Standard. This group is responsible for managing revisions to, or the development of, Health Standards Organization (HSO) Standards. She is one of three long term care residents participating on the Committee.

"It's very worthwhile work," says Naomi. "Providing a voice to those living in long term care is important and not something I take lightly." Naomi is the 2022 Nursing Home Association of Nova Scotia Awards of Excellence Champion for Dignity Award winner in honour her outstanding advocacy for quality long-term care in Nova Scotia. Naomi's passion, professional background, experience as a collaborative writer, editor, and ability to clearly and thoughtfully articulate the needs of residents living in long term care is helping to make change for the lives of long term care residents for years to come.

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ST. ANNE CENTRE | Arichat

ABOUT US

St. Anne Community and Nursing Care Centre is a unique healthcare facility located in picturesque Arichat, Cape Breton. It is a community based non-profit organization which provides bilingual services in Long Term Care, Ambulatory Care and Urgent treatment. The Nursing Home component is comprised of 24 Nova Scotia Department of Health and Wellness Continuing Care Long Term Care beds and five Veterans Affairs Canada beds.

OUR PHILOSOPHY OF CARE

We provide residents with specialized care including enteral feeding, peritoneal dialysis, diabetes management and timely access to physician services. We are proud to serve our residents and staff home cooked meals in our newly renovated dining room. We also provide many social activities in our newly renovated activity room – the latest being a wedding!

WE'RE SO PROUD OF...

St. Anne Centre has been accredited by Accreditation Canada, and strive to provide compassionate care. We treat all persons with respect, dignity and integrity. Staff are committed to quality improvement and safety, and work in collaboration with families & community stakeholders to achieve improved services. Residents and families are integral decision makers regarding their care. We are committed to be open, honest and accountable. We enjoy a full complement of staff, and provide a welcoming atmosphere to all new employees.



stannecentre.ca
Lynn LeBlanc – CEO
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SAINT VINCENT'S | Halifax

ABOUT US

Saint Vincent's Nursing Home is located on the Halifax peninsula. We participate in the Accreditation Canada program and achieved Accreditation with commendation status. Our vision is engaged residents, meaningful relationships and moments of joy. Founded in 1966 by the Archdiocese of Halifax, we are now governed by a volunteer Board of Directors. Our values of caring, collaboration, respect, accountability, and safety are built on the foundation of a call to serve and reflected in our mission to be a resident and family-centred caring community. We are within walking distance of the Downtown core and next to the Quinpool Road shopping district. Proximity to nearby universities allows us to host student volunteer placements and are a source of an intergenerational connection. The bond between residents and the wider community thrives through our volunteer network.

OUR PHILOSOPHY OF CARE

Despite challenges of space and design, our long-standing reputation for quality continues as residents and families find our atmosphere to outweigh the façade. In 2021 we met our goal of purchasing a bus that brings residents into the community, whether it is a trip to a park or a drive to see seasonal lights, and the ability to travel is a welcome addition to our recreation therapy programs. On the property, residents and family enjoy our garden area as a source of refuge and joy, whether using the wheelchair swing, sitting in the gazebo or strolling the walkway.

WE'RE SO PROUD OF...

Guiding all aspects, resident and family centred care (RFCC) is at the heart of all that we do. Residents, families and care providers are equal partners in care delivery process, ensuring that the resident's needs and preferences are central and met through therapeutic relationships. A trusting connection and rapport established between the healthcare provider and resident through collaboration, communication, care provider empathy, mutual understanding and respect. RFCC is more than meeting the resident's care needs or improving their health outcomes; it is about understanding the resident as a whole. This understanding is developed through collaboration with the resident and family to learn about the resident's history, present and future goals, which are informed by his/her values and beliefs, place in the physical environment, relationships and social interactions in which he/she engages. Resident and family centered care acknowledges each aspect of an individual, respects differences, and provides care based on the resident's needs, desires, and hopes for their future.

MEET SOMEONE SPECIAL

The sounds of Saint Vincent's mirror those of a busy household and the energy signals a sense of belonging. We're on a journey to ensure equity, diversity, and inclusion for all, seeking to welcome and embrace indigenous persons, persons with a disability, racially visible persons, women, and persons of a minority sexual orientation and/or gender identity in meaningful ways. We will continue to find ways to hear these voices and recognize the unique experiences of everyone.



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ABOUT US

Taigh Na Mara, Gaelic for *House by the Sea*, is a Nova Scotia Health facility, located in Glace Bay, Cape Breton with a gorgeous view of the ocean that is home to 67 residents. Our 130 staff include nursing, dietary, occupational therapy, physiotherapy, social work, environmental, maintenance and clerical services. We have two sections comprised of both Veterans and Department of Health beds. We have the most inspiring, hard-working employees, dedicated and committed to our residents. Sharing stories with the residents and their lived experiences is so humbling.

OUR PHILOSOPHY OF CARE

Our policies and practices are designated by Nova Scotia Health. We share the vision and mission of Healthy people, healthy communities-for generations and to achieve excellence in health, healing and learning through working together. Our values are respect, caring for those we serve and each other; integrity-being honest and ethical, the courage of doing what is right even when it may be difficult and being innovative, learning new things and exploring new possibilities. Our logo, inspired by the powerful waves of the Atlantic Ocean, signifies the strength to shift conversations. Just as the waves shape our coast, the collective effort of individuals and communities impact the health of our people. The philosophy/goal of Taigh Na Mara is using a resident centered care approach to achieve overall quality of care, best practice, and quality of life for all.

WE'RE SO PROUD OF...

We are proud of our person-centered care and certifications for Gentle Persuasive Approaches (GPA). Our goal is to provide all our LTC staff the GPA training, so they are better prepared to delivery person-centered dementia care. We have an oral health program, partnering with a community dental hygienist as good oral health supports overall health. Our dental hygienist assesses each resident's oral health on admission and annually. We have a wound care program where all consults are in house, tailored to the resident's needs, aiding improved patient outcomes. This includes hands on with staff education and hydration and mobilization programs that we are very proud of as mobilizing and hydration can improve health, improve sleep and nutrition, and decrease pressure injury.



SPECIAL MOMENT



Taigh Na Mara was involved in a Veterans Affairs Remembrance Day commercial which featured veterans passing a candle and a centenarian veteran was honoured with a birthday, car drive-by celebration that lasted more than an hour. We partnered with Family Services of Nova Scotia and the moms and their children under three years of age would come to interact with the residents through songs, games and snacks. We also partnered with Glace Bay Minors Hockey Team for a Valentine's Day visit. This event led the Glace Bay Miners Hockey team to win the Good Deeds Cup through Hockey Canada and our residents were part of the award celebrations.

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ABOUT US

Taigh Solas is a long-term care unit of Nova Scotia Health located on the third floor of the Northside General Hospital, North Sydney, Cape Breton. Our facility is a 22-bed unit with two wings. Taigh Solas has a multitude of disciplines including nursing, occupational therapy, physiotherapy, recreation, social worker, dietary, environmental and engineering services. We have a large solarium with lots of natural light that serves as a dining room and multi-purpose room that overlooks the harbor.

OUR PHILOSOPHY OF CARE

Our policies and practices are designated by Nova Scotia Health. We share the same vision and mission of Healthy people, healthy communities-for generations and to achieve excellence in health, healing and learning through working together. Our values are respect, caring for each other and those we serve; integrity that comes from being honest and ethical, the courage of doing what is right even when it may be difficult and being innovative, learning new things and exploring new possibilities. Our logo, inspired by the powerful waves of the Atlantic Ocean, signifies the strength we have to shift conversation about health. Just as the waves impact the shape of our coast, the collective effort of individuals and communities will impact the health of our people. The philosophy/goal of Taigh Solas is using a resident centered care approach to achieve overall quality of care, best practice, and quality of life for all.

WE'RE SO PROUD OF...

We are proud of our person-centered care and certifications for Gentle Persuasive Approaches (GPA). Our goal is to provide all our LTC staff the GPA training, so they are better prepared to delivery person-centered dementia care. We have an oral health program, where we have partnered with a community dental hygienist as good oral health supports overall health. Our dental hygienist assesses each resident's oral health on admission and annually. We have a wound care program where all consults are in house, tailored to the resident's needs, aiding improved outcomes and providing hands on staff education. We also have hydration and mobilization programs that we are very proud of as mobilizing and hydration can improve health, improve sleep and nutrition, which then can decrease pressure injury. We have a high level of resident/family satisfaction, and our quality improvement initiatives/key performance indicators include tracking of the following: UTIs and hydration, high alert medications, fall risk prevention, pressure injury prevention, aggression, allow natural death, goals of care and suicide risk screen.



SPECIAL MOMENT



Staff turnover is very low on Taigh Solas which demonstrates a high level of workplace satisfaction.

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ABOUT US

The Birches Nursing Home is in the heart of beautiful Musquodoboit Harbour areas. A part of the community since 1979, our home is designed with three living areas for our residents: Ash Lane, Birch Lane, and Cedar Lane. For us, Lanes are reminiscent of smalltown community life – on a small country lane, you know your neighbours and look out for one another. On our lanes you will find 41 residents cared for by 75 dedicated staff and healthcare professionals as well as visiting loved ones, and our four-legged residents David and Goliath.



OUR PHILOSOPHY OF CARE

We believe in resident centred care and recognize each resident as an individual with a unique story. We strive to honour life-long personal routines through an individualized plan of care and treat residents with respect and empathy.

WE'RE SO PROUD OF...

We are thrilled that the project to build a NEW facility is moving forward at an impressive pace! Our residents are a priority and deserve the safest and most comfortable space to live that we can provide. Our staff and board are working tirelessly and anticipate the opening of a new Birches 2025.

MEET SOMEONE SPECIAL

Paul has lived at The Birches for five years and is well known and loved for his playful, loving personality and many interests and hobbies. He loves listening to gospel music, playing musical instruments, building large structures with Legos, and is an avid collector of all things.

Paul is most known for his love of the RCMP. He has two nephews in the RCMP who gave him his own hat and badges. Paul loves using them to stop staff and family in the halls, making sure they are behaving. Paul has a strong relationship with his family, and often reminisces on their summers spent on Tancook island. Paul's twin sister Carol has expressed how happy she is to have him living at The Birches and how pleased she is with the care our team provides him.



thebirchesns.ca
Angela Berrette, Executive Director
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ABOUT US

The Meadows, Home for Special Care, located in Yarmouth, NS is home to 105 residents and employ approximately 250 exceptional employees across various disciplines. The Meadow's facility is on a single level, spanning 97,000 square feet with nine houses attached to the perimeter of the building. Each house has a beautiful walk out terrace for residents to enjoy the beautiful meadows that surround us, and each house has its' own dining room for the enjoyment of residents. There is also a facility multi-purpose room for games and music, a rehab gym and lots of walking space and gardening opportunities.



OUR PHILOSOPHY OF CARE

The Meadow's model of care, the Eden Alternative, aims to transform residential care by addressing the 'three barriers' of ageing: loneliness, helplessness and boredom. The Eden Alternative is based on the common-sense notion that human beings thrive in gardenlike environments and that the resident is the centre of all we do. Our residents know this is their home and our goal is to help them feel as healthy, happy and fulfilled as possible.

WE'RE SO PROUD OF...

We are always looking for ways to improve our facility, from installing a resident wandering system, to protecting our most vulnerable, to enhancing the homelike environment by adopting rescued cats thus providing companionship to many of our residents who share and enjoy them. We have installed raised garden beds to allow those who are physically challenged to continue to enjoy their love of gardening and we have also installed swings that will accommodate wheelchairs.

It is so heart warming to see that life has a new-found meaning when the residents are reunited with old friends or make new ones after they decide to relocate to The Meadows.

MEET SOMEONE SPECIAL

We have a dedicated, caring and committed team at The Meadows all of whom have come to love our residents as their own family. It is wonderful on Wednesday and Friday afternoons to hear the music coming from the multi-purpose room as the bands play during happy hour and the residents and visitors are gathered around enjoying every minute of it, or to see residents dressed up waiting to board our facility bus on their latest outing. They may head out for a scenic drive around the outskirts of Yarmouth, or to a local favorite restaurant for a meal.



themedowsyarmouth.ca
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TIDEVIEW TERRACE | Digby

ABOUT US

Tideview Terrace is home to 90 residents, located in a residential area of Digby, close to many services and is the town's largest employer. We moved to a new state of the art building in August 2011, that boasts nine bed resident houses, beautiful gardens, gazebo, and access to the beach. A thriving person-directed community, Tideview Terrace emphasizes the growth of each member and their quality of life / work life. The residents are esteemed and entitled to the best restorative and supportive care, focusing on emotional, intellectual, spiritual, and physical well-being while their dignity and worth is respected.



OUR PHILOSOPHY OF CARE

We live the EDEN Alternative philosophy everyday, seeking to remake the experience of ageing and creating a better world for our residents and care partners. There is a commitment to keep residents secure, content and joyous in their new home and through person directed care we strive to combat loneliness, helplessness, and boredom. It is about creating a real home, providing opportunities for building relationships, placing residents first and setting a standard of excellence. The EDEN Alternative enables us to move away from the departmentalized, task-orientated, institutional models. By changing the culture to bring decision making closer to the resident, we support a meaningful life for them. There are opportunities to achieve a comprehensive level of accomplishments for caregivers and new levels of success in areas that have been overlooked or under-appreciated.

WE'RE SO PROUD OF...

Many care partners bring their pets to work with them daily and include their children as part of the Tideview Terrace family! They go above and beyond to ensure each resident's well-being. We value innovation and collaboration, and our mission is supporting new ideas, creating partnerships, growing our diversity, and leading the culture change movement. We have an active Resident Council that we work with to make decisions about their home, and we also have residents that sits on our Board of Governors.

SPECIAL MOMENTS

There is a feeling when you walk through the doors of Tideview Terrace that is hard to explain. It is truly a loving family atmosphere. Most importantly, residents, supported by their caregivers, can once again direct their own daily lives. Our care partners become part of residents' families. There have been so many special relationships developed over the years. Care partners come in on their days off to sit with residents and their families when they are palliative. They go through the grieving process with them because of such deep connections and relationships.

tideviewterrace.ca
Debra Boudreau, Administrator
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VALLEY VIEW VILLA | Stellarton

ABOUT US

Located in rural Pictou County, Valley View Villa is a caring community where 113 individuals call home. Valley View Villa is owned by the Municipality of Pictou County, and proudly governed by a Board of Directors who can often be found hanging out in resident rooms welcoming residents to their new home. This quaint and peaceful acreage overlooks the Riverton Valley and truly fosters a country lifestyle. Gardens, old growth trees, and large lawns make a beautiful setting that transcends into the care VVV provides. Relationships, dignity, and a warm welcoming home environment is at the center of our philosophy of care.

OUR PHILOSOPHY OF CARE

All decision making and practices are based on resident dignity. Valley View Villa lives and breathes this by putting the residents FIRST. Through Fairness, Integrity, Respect, Safety, and Trust our staff and stakeholders can provide dignified care and achieve our mission of being a caring community. Staff are hired on the requirement of good moral character which is the heart of compassionate care. Personal growth is fostered through education. Countless examples where staff have upgraded their qualifications from LTCA to CCA, CCA to LPN, LPN to RN. As a facility we will support this growth and will celebrate it.

WE'RE SO PROUD OF...

Throughout the day you will find residents and staff laughing in the hallways, staff dancing with residents, and it's truly a rewarding and loving experience. Homecooked meals and desserts are a real treat and something to look forward to each day. Staff just care and are truly exceptional.

SPECIAL MOMENTS

We look forward to our new facility. With the new build, we will be a 144-bed facility and will maintain the same views and quaint setting we are familiar with. Working with our team towards this goal has only brought us closer together and gave us an opportunity to reflect on what really matters and how to continue to 'build' on this. Dignity...it all comes down to dignity, and every aspect of our new facility is going to further dignify resident care.



valleyviewvilla.com
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VILLA ACADIENNE | Meteghan

ABOUT US

Villa Acadienne is nestled in the heart of the Acadian community of Meteghan, Nova Scotia, overlooking Baie Ste. Marie. We are proud of our veranda that overlooks the beautiful bay and sunsets that are worthy of travel magazines. You can sense the family environment as you visit our three dining rooms, lounges, courtyard, and raised garden beds. Our home houses 86 people and employs 160 staff. When you enter the hub of our home you will be greeted with a smile and a wave by our welcoming committee. We are proud of our cultural heritage and pride ourselves in the Acadian dishes that are on our menu. Aside from our bunny, who is housed in our courtyard, we have two frisky felines hanging out in our home. We also are conveniently located beside a daycare and are blessed with visits from the little ones, bringing much happiness to us. We are excited to be moving in our new home in September 2023. It will be everything that we dreamt of.



OUR PHILOSOPHY OF CARE

We believe it is essential to treat residents with dignity, patience, and empathy, knowing the transition to long-term care is not easy. We practice a person-centered approach. Each day we strive to enhance the quality of life by empowering everyone to make their own decisions. We offer flexible choices in their daily lives. Our interdisciplinary team works together to defeat loneliness, boredom, and helplessness by building relationships with our residents and truly getting to know each individual's wants and needs. We work hard to ensure that our residents know that their move to Villa Acadienne is not the end of their independent lives, but instead the beginning of their next chapter.

WE'RE SO PROUD OF...

In house special moments are continuous and plentiful when you visit Villa Acadienne. Our team shines bright and we are proud of our Villa Stars. You just might arrive during a kitchen party, balloon volleyball or dance party! We have numerous, talented local Acadian musicians, social teas, candlelight suppers, happy hours, Wharf Rat Rally visitors, trick or treat parties, singalongs/ caroling, Ukeladies, pet visits, petting farm visits, exercise programs, enormous Acadian Pride celebrations, monthly birthday parties, employee recognition ceremonies, crafting projects, BINGO, leisure time and your own preferred activities. We love our community and being part of it! We enjoy going to les Beau Vendredi, Frenchy's, Taverne Acadienne, berry picking, Acadian Festival, Tintamarre, Seniors Day, Lake Doucette Motor Speedway, shopping trips, dinner theatres, concerts by our local talented artists, and more! We are thrilled with the support that we provide 40 people in our community by offering a Meals on Wheels Program and this program is well supported by over 65 volunteers.

Special Moment



Bernice is happy to call Villa Acadienne her home. To demonstrate her love for our home she wrote a poem for us. Here is an excerpt.

Someone who is always kind as can be,

Working to make living here better for me.

That is what I see from you all;

We need assistance, you answer the call.

Ever cheerful; "service with a smile."

Always willing to go the extra mile.

Tonya Boudreau, Administrator
ceo@villaacadienne.ca



VILLA SAINT-JOSEPH DU LAC | Dayton

ABOUT US

Villa Saint-Joseph du Lac is located in Dayton. We have a total staff of 125.

OUR PHILOSOPHY OF CARE

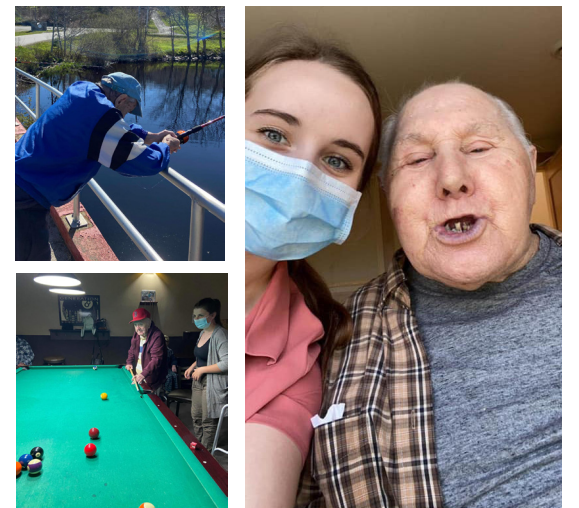
We recognize and believe that God is the source of life and that all human life must be respected, nurtured and cherished from the moment of conception until the moment of natural death. We believe in each person's unique composition of body and soul and therefore in the concept of total care embracing the physical, emotional, social and spiritual needs of each resident. We believe that a nursing home must serve all persons in charity and we believe that our nursing home is committed to being a partner in the provision of care for families in the community.

WE'RE SO PROUD OF...

We are very proud of our new facility which opened its doors in July of 2015. The new building is a two story construction containing 79 private rooms divided into six separate Villas under one roof. We are also pleased to have recently opened a multi-sensory room for our residents which provides them with moments of calm, comfort and sensory stimulation. It also helps users develop visual processing abilities as well as their fine and gross motor skills, facilitating daily living. We are also extremely proud of our recreation programming at Villa Saint-Joseph and the quality care provided by the entire staff.

SPECIAL MOMENT

A special moment that stands out revolves around one of our residents who was never taught how to read and he was very interested in learning. One of our summer students took the initiative to spend time teaching him how to read and it was very successful. The resident now has the ability to read some material which we provide him which makes him extremely proud. We've also had the opportunity to host a wedding for the granddaughter of a resident in our outside garden. The entire staff took great pride in assisting to make this happen which permitted our resident to attend and participate in the ceremony. Since the onset of Covid, our facility has risen to the challenges brought on by the virus and it truly has been a group effort. We could not be more proud of our residents, staff, families and volunteers during these challenging times.



villasaintjoseph.com
Rick Atkinson, Administrator
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ABOUT US

Waterford Heights, New Waterford, Cape Breton, has approximately 30 staff including Nursing, Recreation and Clerical. PT/OT and Dietary are also available for consult in facility. Waterford Heights is a 24 bed transitional Long Term Care unit located on the third floor of New Waterford Consolidated Hospital. The building is positioned high on a hill in New Waterford overlooking the beautiful Atlantic Ocean.

OUR PHILOSOPHY OF CARE

At Waterford Heights we follow the policies and practices of Nova Scotia Health as well as the program requirements of the Department of Health. Being a transitional Long Term Care Unit means our residents can never list our home as their permanent choice. Typically, residents spend 12-18 months on the unit while waiting for a placement to their preferred home. The focus of Waterford Heights is person centered care along with encouraging family involvement at every step. Often times when they receive a bed offer for their preferred choice the resident and family wish they could stay on our unit longer.

WE'RE SO PROUD OF...

Nova Scotia Health currently has a redevelopment project in place where a new 60 bed facility will be constructed near the current hospital. This large project is in partnership with the local school as well, which will create new connections with the younger community. During the development process there has been lots of input taken from both staff and members of the community on features of the new building. When the new building is completed, Waterford Heights will move to that location.

SPECIAL MOMENT

Working in long term care can be very rewarding. Our staff do an excellent job at creating a home environment, customizing a care plan to meet each residents needs and involving both the resident and family every step of the way. The decision for long term care is never an easy choice so our goal is to smooth this transition as much as possible.





Nursing Homes
of Nova Scotia
Association

Gala awards

On October 26, 2022 our sector came together for an inspiring day of education and celebration at our Re-Imagining LTC Conference. The inaugural LTC Awards of Excellence was the highlight for many. Nominees in each category were recognized as the change makers in our sector. Congratulations to all nominees and recipients for bringing excellence and honour to our sector and a big thank you to our many sponsors.

The awards were presented to the following recipients:

- Spirit Award: Georgette Decoste - Oakwood Terrace
- Cultural Award: GEM Healthcare Group
- Trailblazer Award: Windsor Elms Village & Equilibrium Engineering
- Better Together Award: Nanette Velasco - Evergreen Home for Special Care
- Champion for Dignity Award: Dr. Naomi Black - resident Shannex Parkstone
- Leading the Way Award: Dion Mouland-Pettipas - Oceanview & The Birches Nursing Homes

Plans are already underway for next year's LTC Awards of Excellence to be held during Continuing Care month. Look for nomination information late Spring 2023.



Nathan Soldon, Administrator
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ABOUT US

Willow Lodge, Home for Special Care, is a 61 bed nursing home, nestled in the quaint village of Tatamagouche, on the North Shore of Nova Scotia. Willow Lodge employs approximately 90 care partners, making it the largest employer in the Tatamagouche area. Our mission is to maintain and enhance a community in which residents and care partners thrive while providing a safe and nurturing environment.

OUR PHILOSOPHY OF CARE

Our philosophy focuses on enabling resident-centred and high-quality care encouraging residents in making decisions about their care, including the time they choose to wake to begin their day and retire at night, what they like to wear, food choices, activities etc.

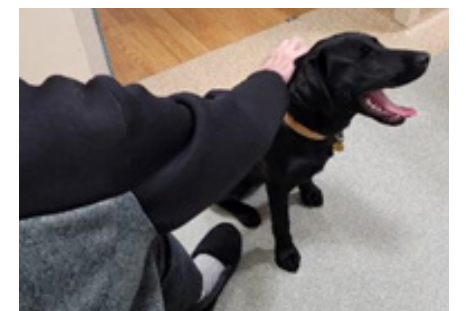
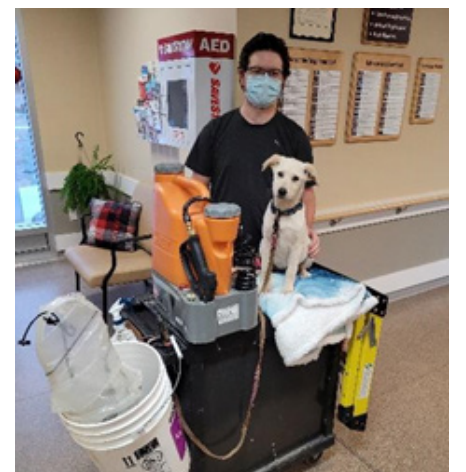
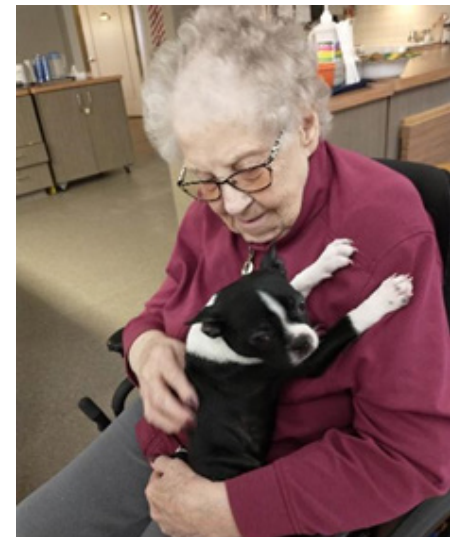
The Eden culture focuses on giving care in a vibrant habitat full of life-enriching opportunities rather than providing “treatment” in an institutional setting. This is done by incorporating plants, animals, and children into daily life. These changes did not happen without the support from our care partners, families, and community. Education and support are key factors in our success.

Our guiding principles include being caring, compassionate, confidential, fair, honest, respectful; providing a happy and safe atmosphere for all, where everyone is treated as individuals and valued for their contribution; honoring our community’s roll in keeping us strong and vibrant; actively engaged in lifelong learning; taking pride in being leaders in innovative programs/ services; being committed to supporting our partners in sharing information and believing anything can be achieved.

WE’RE SO PROUD OF...

Our three neighborhoods are named after local communities: Balmoral, Barrachois and Lynwood House. Incorporating plants, summer gardens, daily animal visits, our pet cat Willow, and birds living in our home create an environment for living. Recently we welcomed pets back into our home after a three year hiatus due to the pandemic. It is encouraging to witness the response from our residents’ as their eyes light up as each loving pet passes, or maybe stops to visit or shares a cuddle.

Willow Lodge provides quality resident-centred care which makes us special. When you first enter Willow Lodge, whether a new resident, family, or visitor, folks immediately feel comfortable and welcomed into our home by our team. When visiting the North Shore of Nova Scotia, drop in and pay us a visit -- You will not be disappointed!



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Janine Jaconelli, Executive Director
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WINDSOR ELMS | Falmouth

ABOUT US

Windsor Elms Village is in Falmouth, NS, at the start of the picturesque Annapolis Valley. Our vision is to be “The Best Place to Live, Work and Visit...Today & Tomorrow.” We are home to 107 residents and provide one respite bed. We have three distinct neighbourhoods, each having four houses and nine residents per house. The neighbourhoods all have their own streets that are connected to our central area where we have a courtyard, hair salon, café and a chapel.

OUR PHILOSOPHY OF CARE

We strive to create flexibility that mirrors life in the homes and communities our residents have always known. Supporting the engagement and decisions of residents are approximately 275 employees, a cohort of valued volunteers and the many valued students who spend time with us in various capacities. Each of the three Neighbourhoods has its own local physician, two therapeutic gardens, two spa bathing areas, a centre for events/activities, a children’s play area; offices for the nurses conference room, and convenient parking for visitors. We are an Eden registered home with a resident directed philosophy of care, creating a home environment where residents continue to grow and experience a full life. At Windsor Elms Village we embrace life, provide compassionate support, and encourage meaningful relationships among residents, families, staff and the community. We embrace diversity and inclusion, as our residents and staff come to us with varied backgrounds, passions, and personal goals.

WE’RE SO PROUD OF...

WEV is committed to continuous quality improvement in resident service and our workplace, including operations and governance. We are very proud of our Deep Energy Retrofit and Solar Project. This project, along with our lighting and humidifier retrofit, not only reduces our carbon footprint by up to 50%, but redirects upwards of \$75,000 per year into resident and staff programs. We are also thrilled to be a participant in the Research NS and NSH “UVC Far-Light Research in Long Term Care” Study, led by Dr. Ken Rockwood. As one of now three nursing home research sites, we are contributing to innovative infection control strategies that are non-invasive and could change the future landscape for LTC. Finally, we are bound to governance that is rooted in best practices. Our Board is committed to diversity, equity and inclusion and seeks ways to educate, develop and practice this promise.

SPECIAL MOMENTS

Our staff work extremely hard to find creative ways to enhance the life of our residents. One example is our Physiotherapy Assistant Sherry Smith, who made a dream come true for one of our residents, through a seniors wish foundation. This summer a military helicopter landed at WEV with Paul experiencing a renewed connection with one of his passions. We also held our first annual “Four Leaf Clover Employee Awards”, recognizing meaningful contributions from our team. This peer-nominated process, including a gala, was a huge success!



Windsor Elms Village



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